



News Notes

#957 A weekly bulletin for residents of Auroville 12 January 2022



New Years photo by Tine

There is a self that is of the essence of Matter — there is another inner self of Life that fills the other — there is another inner self of Mind — there is another inner self of TruthKnowledge — there is another inner self of Bliss.

Taittiriya Upanishad

In the ignorance of my mind, I ask of these steps of the Gods that are set within. The all-knowing Gods have taken the Infant of a year and they have woven about him seven threads to make this weft.

Rig Veda

Pondering



Therefore we arrive at this truth of Matter that there is a conceptive self-extension of being which works itself out in the universe as substance or object of consciousness and which cosmic Mind and Life in their creative action represent through atomic division and aggregation as the thing we call Matter.

Matter, Life Divine by Sri Aurobindo

Our substance does not end with the physical body...As there are behind our waking mentality vaster ranges of consciousness subconscious and superconscious to it of which we become sometimes abnormally aware, so there are behind our gross physical being other and subtler grades of substance with a finer law and a greater power which support the denser body

*The Ascending Series of Substance,
Life Divine by Sri Aurobindo*

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House of Mother's Agenda

SEPTEMBER 25, 1968

(Mother gives Satprem a flower called "Transformation.")

Mother: I give you the right one.

Satprem: Why the "right one"?

Mother: I say that because there is confusion in many people's minds. When, from the standpoint of progress, for instance, I speak of progress, I mean "going from the mental consciousness to a higher consciousness," but people generally understand "to make progress materially or mentally or..." So when they are told of transformation, all kinds of queer things come to their minds.... As for us, when we speak of transformation, we mean the supramental transformation.

That's why.

Soon afterwards

I have found some old papers (I can't read anymore, I don't see clearly), I don't know what they are. There's an envelope from you.

Satprem: It's a question on Sri Aurobindo's Aphorisms.

51. "When I hear of a righteous wrath, I wonder at man's capacity for self-deception."

Mother: Wonderful!

Satprem: There was a question: "Our self-deception is always 'in good faith'; we always act for the good of others or in the interest of humanity—and to serve you, that goes without saying! How exactly do we deceive ourselves, and how can we truly know?"¹

Mother: It's terribly true.

Just yesterday, even before I read this (I didn't read it), I had a long vision on the subject, that's the surprising thing! But on such a different plane...

Yes, when we regard the higher part of our mind as the judge of our action, that's how we can deceive ourselves "in good faith." In other words, the mind is incapable of seeing the truth and it judges according to its own limited capacity—not only limited but unconscious of the truth; so then, as far as it's concerned, the mind is "in good faith," it does the best it can. It's like that.

Naturally, those who are fully conscious of their psychic

cannot possibly deceive themselves, because if they refer their problem to the psychic, they can find the divine answer there. But even for those who are in contact with their psychic, the answer doesn't have the same character as the mental answer, which is precise, categorical, absolute, and imposes itself—the psychic answer is more a TENDENCY than an assertion. It's something that can still have different interpretations in the mind.

Which brings me back to my experience of yesterday. After looking at the problem, I reached the conclusion that it's impossible to reproach a human being who does the best he can according to his consciousness, because how can he go beyond his own consciousness?... That's precisely the error most people make: they judge someone else according to their own consciousness, but the other person doesn't have their consciousness! Therefore they can't judge (I am only talking about people of goodwill, of course). To the vision of a more complete or higher consciousness, someone else is in error, but to the person himself, he's doing as best as he can what he thinks he has to do.

Which amounts to saying that it's absolutely impossible to blame someone who acts sincerely according to his own limited consciousness. And in fact, seen from that standpoint, everyone has a limited consciousness, except THE Consciousness. It's only THE Consciousness that isn't limited. But all manifestations are necessarily limited, unless they emerge from themselves and unite with the supreme Consciousness—then... In what conditions can that happen?

It's the problem of identification with the Supreme, which is the Supreme One—One that is all.

(silence)

(to be continued next week)

Volume 9,

1968: Agenda of the Supramental Action Upon Earth

https://sri-aurobindo.co.in/workings/ma/agenda_09/1968-09-25-01_e.htm

¹. This question and Mother's answer are from 1961: see Agenda 2 of January 17, 1961.



IT HAS BEGUN

"... touched the "central experience" of the transformation."

• Circa 1968

The Mother's Agenda, November 27

◦ https://sri-aurobindo.co.in/workings/ma/agenda_09/1968-11-27-01_e.htm

On the verge of something new...

• Circa 2023

"Pain is the touch of our Mother teaching us how to bear and grow in rapture. She has three stages of her schooling,

- endurance first,
- next equality of soul, [Samata ¹]
- last ecstasy."

What stage are you in?

Zech, 2023.01.04

¹. <https://themothersguidance.com/equality/>

Townhall Speaks

WORKING COMMITTEE Year Ending Report 2022

1. **RoR update** was initiated in May and an extensive verification process carried out with AVF together with several teams and the Working Committee. The RoR had not been reviewed and properly updated since 2005. Many discrepancies have surfaced, such as people with prolonged absence from Auroville; those who left Auroville over 10 years ago, those who refused to sign and those deceased. All data collected has now been submitted after a primary verification. The Auroville Foundation is now making its own detailed verification and assessment and an announcement regarding the RoR is awaited.

2. **The Hon'ble Governor of Tamil Nadu** and Chairman of the Governing Board, Shri R N Ravi, visited Auroville on 18 and 19 October, 2022 with the Secretary Dr Jayanti Ravi. He met Aurovilians at their places of work and interacted with them. The Governor was on a tour to get to know the physical outlay of Auroville and understand how people live and work. He was welcomed to Auroville by the Collector Mr D. Mohan of Villupuram. He visited the farms Annapurna, Aurobrindavan, and Auro-Orchard; the Crown and the inner city exhibition at Bharat Nivas; the Tibetan Pavilion, Visitors Centre, Solitude Farm and Upasana Design Studio. The following day he also visited CSR, Kinisi electric bicycle, Earth Institute, Sraddhanjali, the various textile units at Aurosarjan and Eco-Pro, and Sunlit Future. He also met with Dayanandji whom the Mother had entrusted with the buying and negotiating of land for Auroville. He later interacted with the Working Committee, the FAMC, and ATDC over lunch. In the afternoon he met with some members of Auroville.

3. **Chairman's talk at the Unity Pavilion** on 7 November 2022 was welcomed by a large section of the community as a necessary wake up call to take stock of where things stand and to make a collective commitment to take Auroville forward. The Working Committee conveyed a report of this meeting to the PMO, MoE and related ministries, Gol. There has been a good response to his invitation to send in constructive suggestions to the Governing Board in the ten days that followed which the Working Committee collected and forwarded to the Foundation office. More than 50 suggestions have been received.

Please listen to the talk of the Governor here:

- **Hon'ble Governor TN & chairman of the AV Foundation Shri R.N. Ravi addresses the Auroville community—[YouTube Link](#)**

Though negative responses continue to be spread, members of the Residents Assembly have also expressed great relief at this Governing Board's commitment to take Auroville out of a long phase of stagnation and support the development of Auroville's vision driven master plan as conceived by the Mother. The stagnation has increased the danger of encroachments and unwanted development. Following a Working Committee press note,

- **[The Hindu issued this report.](#)**

4. **The 61st GB Meeting** was held on 8 November : The Working Committee further convened a Joint Meeting of the main groups and sub-groups on 30 November, 2022 at Unity Pavilion, to share and discuss some of the contents of the presentation which had been prepared for the Governing Board. This included work updates by each group as well as concerns about the division, confusion and non-compliance created by the parallel groups—as in the next point.

5. **The Annual Reports** of commercial and service units for the period of April 2021 to March 2022 were submitted in November. This was successfully handed over to the Foundation in time. However, some units refused to send in their Annual Reports with the explanation that they do not recognise the present Working Committee. ('we would

respond to requests from the working groups elected in a democratic process by the Residents Assembly.")

6. **Welcoming 1000:** Auroville is at a crucial point after 54 years where it urgently needs to grow. The emergence of a city, its life, experiment, education and economy need the participation of people from every category of life with energy and commitment to build a future for our world: professionals, architects, planners, engineers, artists, designers, sustainable energy professionals, economists, environmentalists, farmers, landscapers, students, people with open minds and hearts. Welcome 1000 is a volunteering project initiated by the Working Committee where one can join, explore and contribute by participating in the Mother's adventure. A programme is being prepared to include the creation of additional volunteer housing, work area scope and definitions and a redrafted volunteer orientation program. It will help them join a learning curve that integrates Auroville's spiritual and material dimensions, its core vision and its development as a city, in line with the Charter and Auroville's aims. The project will grow in phases with a target for at least 10,000 people by 2025. This 'leap towards future realizations' will need all our goodwill, imagination, energy and collaboration. Currently, the Working Committee is collaborating with ATDC, FAMC, Housing & SAVI and with individuals with expertise. The ATDC will be the umbrella to hold this project and a core team has been formed to take forward different aspects of this endeavor.

7. **Incident in Auro-Annam:** A guest in Auro-Annam randomly wanted to use Auroville land to build a temple. This was announced without any consultation. The Working Committee informed the Secretary of the situation and together with ATDC, FAMC and the police liaison of the Auroville Foundation the beginning of this 'temple' was dismantled and the guest was asked to leave Auroville.

8. **Joint Group session** with Raghu was held at Savitri Bhavan bringing a rich discussion and several insights about where we stand as a community or are held back.

9. **Commemorative Programme** for Sri Aurobindo's 150th with the virtual release of a stamp and coin by Hon'ble PM Shri Narendra Modi was organized by the Ministry of Culture in Puducherry on 13th December 2022, with the presence of the Minister of Culture, Shri Kishan Reddy, Governor Tamil Nadu, Lt Governor Puducherry, Chief Minister, Puducherry and many other dignitaries along with the participation of the Sri Aurobindo Ashram, Auroville Foundation and Sri Aurobindo Society. The Working Committee submitted Auroville's 150th Programme report to the Hon'ble Minister of Culture and all concerned and helped Auroville's participation in the event.

10. **VIP Visits** The Working Committee received the Chief Minister of Madhya Pradesh, Shri Shivraj Singh Chouhan, at the Matrimandir on 29 December, 2022. Later he met together with the ATDC, FAMC, WCom and the Secretary, Auroville Foundation At Unity Pavilion. The Chief Minister spoke of how he was inspired by the principles of The Mother and Sri Aurobindo and his immense happiness in visiting the Chamber, that Auroville was truly a Futuristic project which he was willing to support in whatever way. He also visited the city exhibition at Bharat Nivas.

11. **Review Meetings:** following the feedback sent to the Governing Board Chairman, a group of senior Aurovilians was convened along with the OGC members who joined online, to review the inputs on different issues and gather further feedback.

12. **Visas & B Forms:** Though there have been delays, the visas are being processed continuously.

13. **Covid Advisories** are being shared as and when needed.

The Working Committee continues to serve all members of the community. It also works with all legitimate working groups towards a joint and collaborative work culture of goodwill to help the growth and aims of Auroville.

**We Wish Everyone A Happy & Luminous
New Year Of Progress!**

**Tine, for Working Committee,
(Anu, Arun S., Joseba, Partha, Selvaraj, Srimoyi, Tine)**

FROM THE ENTRY SERVICE—ES # 164

Dated: 12-01-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:

- Rahul SHARMA (Indian) staying in Swayam and working at Talam & Purnam
- Sio Man CHANG aka Loretta (Portuguese) staying in Gaia's Garden and working at Prisma



Rahul

NEWCOMER CONFIRMED:

- Kalpana RADHAKRISHNAN (Indian)
- Neha GANDHI (Indian)
- Velmurugan PAZHANI aka chinraas (Indian)



Sio Man

YOUTH TURNED 18 ANNOUNCED:

- Gothainayagi BALAMURUGAN (Indian) staying in Courage and studying at Last School
- Krishnapriyan KRISHNAMOORTHY (Indian) staying in Celebration



Gothainayagi

NOTE: The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation. A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process. A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF). A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation. A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.



Krishnapriyan

Yours, The Entry Board

(Alain, Aurore, Dheena, Jayanthi, Lakshmanan, Matilde, Matriprasad, Ramanarayana and Swadha)

Community News

Awakening Spirit

INTRODUCTION TO THE INTEGRAL YOGA of Sri Aurobindo and the Mother
Tuesday, 17 January, 9am—12noon

Introduction to the Integral Yoga of Sri Aurobindo and the Mother on Tuesday, 17 January, at 9am—12noon



- **Focus:** The Great Stair of Existence
- **Led by:** Ashesh Joshi
- **Place:** Mirabelle Education Centre, Auromodele
- **Contact:** 9489147202.

Please be present by 8:45am

All are Welcome, Ashesh Joshi

AMPHITHEATER—MATRIMANDIR

Meditation with Savitri read by Mother to Sunil's music

5:30 to 6pm, every Thursday at Sunset



We follow the sun and the timing changes with the season...

We are restarting from Book 1. Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

- **Reminder to all:** the Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- **We request everyone:** please do not use cameras, I-pads, cell phones, etc. No Photos.
- **Dear Guests,** please carry your Guest Card with you
- **Access only for the Amphitheater from 5:15pm.**

Thank you,
Surya & Velmurugan
(Amphitheater team)

INTERVIEW OF SHRADDHAVAN

Responses to Questions about Auroville by a Russian TV crew on April 3, 2013.



Monday, January 16, 2023, 4pm at Savitri Bhavan.
Duration: 54min.

Shraddhavan is talking about the process **Entering Auroville in 1970** and several other subjects as **The City the Earth needs, the Matrimandir, on Savitri—the Supreme revelation of Sri Aurobindo's Vision and Supermind.** She stresses that **Auroville is meant to hasten the advent of the Supramental Reality upon earth** and is reflecting on the Mother's saying that "Auroville wants to be the first realization of human unity based on the teaching of Sri Aurobindo, where men of all countries would be at home." (MCW13, p.215)

On Earth and especially in Auroville we are asked to accelerate our personal evolution and through that contribute to the overall evolution of humanity. But that is not something we can do ourselves. We only can put ourselves under the influence of the higher Wisdom and the deeper Will and try to serve it.

Shraddhavan emphasizes the wisdom of the Integral Yoga that above the mind there is a consciousness much greater than our normal mental consciousness, and in the depths of matter there is a will much more powerful than the human will. Duration: 54min.

The film is also available on the Savitri Bhavan website.

Submitted by Margrit

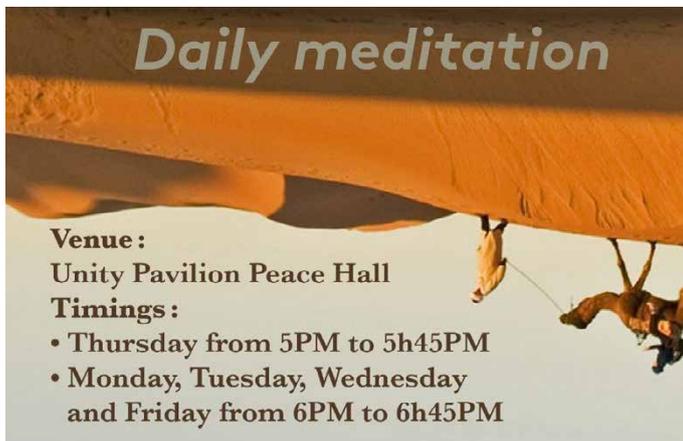
SRI AUROBINDO POETRY RECITAL

Sri Aurobindo POETRY RECITAL
Savitri Bhavan - Square Hall
Monday Jan 9th 5:15^{pm} - 6^{pm}

Malcolm is a native English-speaker and spoken-word poet. He offers to present the works of Sri Aurobindo.

Speaker **Malcolm**

Peace, Love & Soul, Malcolm



Daily meditation

Venue:
Unity Pavilion Peace Hall

Timings:

- Thursday from 5PM to 5h45PM
- Monday, Tuesday, Wednesday and Friday from 6PM to 6h45PM

**TRADITIONAL MANTRA AND STOTRA
Chanting Classes**



**Traditional
Mantra & Stotra
Chanting Classes**

at Serendipity Community

Friday 17:00 (Regular class)
Thursay 10:30 (Drop-in class)

with Sonia Novaes

Email: serendipity@auroville.org.in | WhatsApp: +91 8940288090

*With love,
Sonia, Om*

KIRTAN WITH UPAHAR & FRIENDS
Wednesday, 18 January, 5—6:30pm,
Butterfly Barn, Svedame



Singing sacred chants from our hearts,
celebrating divinity in all forms.

Dariya

Auroville Matters

**REVIVE THE BHARAT NIVAS DESIGN
approved by the Mother**

The Mother had approved a design of Bharat Nivas that had pavilions for every State of India. It was a futuristic design in accordance with Sri Aurobindo's vision of India's immortal Spirit manifesting in a new body for the new Age. While selecting the design the Mother described it as 'supple' and it was meant to include even countries presently neighboring India that altogether constitute her vision of the True India.

India must manifest her True unity for the World to manifest its unity. If India cannot, the World can never do it. To present her vision of a united India which she named True India to India and the world, the Bharat Nivas design approved by the Mother ought to be revived. I hope the Governing Board will look into this long-neglected matter and invite all the State and Union Territories of India to contribute fi-

nancially, culturally, and technically in setting up their pavilions. Those who wish to support or volunteer in whatever way possible to see the realization of the Bharat Nivas design selected by the Mother may contact me at jothi_charles@yahoo.com.

The Mother with the map of True India consisting of all provinces of India, Pakistan, Nepal, Bhutan, Bangladesh, Burma and Sri Lanka, at the playground of Sri Aurobindo Ashram.



How the Mother selected Bharat Nivas Design, by Alain Grandcolas: (Excerpts from 'Darshan' published in 2006)

When it was decided to start Bharat Nivas, we thought that since it was the Pavilion of India, we would have a competition among the Indian architects. I was asked to take care of the competition. We sent some four hundred invitations to the most known Indian architects inviting them to compete. I do not remember how many architects have expressed interest but finally we received in Pondicherry more than twenty models of size at least one and a half by one and a half meter. A jury was constituted with Roger Anger, Ramanathan, Anjani Dayanand (Chief Secretary, Govt. of Pondicherry), the Governor of Pondicherry [and] Piero with the mandate to select three among the twenty models. And among the three selected by this jury, the Mother would select one. No names were there on the models so that the jury would not be influenced by the architect's name and I remember that one of the models which almost got number three was by a team of Ashram students. We took the three models to the Mother's room. It was quite difficult because the models were big and the staircase was quite small but they entered the room.

Roger's selection was the model with mushroom-like pavilions and all other members of the jury didn't like this model and had other selections. Roger was supposed to present all these models to the Mother, describe their advantages, drawbacks, the specific features etc. So, I very strongly told Roger before entering the Mother's room, "You know Roger, if by chance you show your preference while describing the three models to the Mother, everyone will know about it".

And Roger presented the three models one by one in an absolutely beautiful manner and even myself who knew what his selection was could not tell which one could be his favorite choice. Then Mother looked successively at each model with intensity. On each of them She asked some questions and always Roger answered in a very impersonal way. After looking at them two times, She stopped in front of the Chakrapani's model—the mushroom type model which was Roger's selection. Then She said;

"This one, it is more supple".

She said it was more supple. Some people have understood lately that She was giving permission to to change the design, which, according to me, is a wrong understanding. In all other models each state pavilion had its own architecture. For example, Tamil Nadu state pavilion had Tamil Nadu's architecture and Kerala state pavilion had Kerala's architecture. But in Chakrapani's model, all the state pavilions have the same architecture, and none of this architecture was reminiscent of any Indian architecture. So, I understood when She said it was more supple, it meant that if some new states merged with India then it would be easy to accommodate the new states.

This is how the present architectural design of Bharat Nivas was really selected by the Mother among the other models.

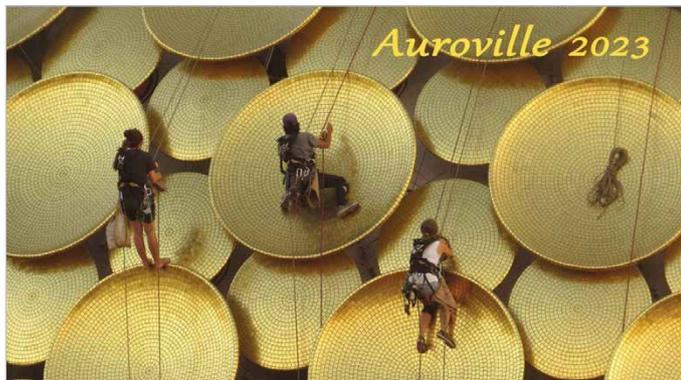
*At the Service of Truth,
Jothi Charles*

Acres for Auroville

THE LAND FUNDRAISERS NEW YEAR'S CARD

The Land Fundraisers New Year's Card
in three languages

A Warm Welcome to New Year 2023!



An indomitable courage, a perfect sincerity, a total self-giving...

"Beyond all preferences and limitations, there is a ground of mutual understanding where all can meet and find their harmony: it is the aspiration for a divine consciousness"

The Mother
(page 3 of our card)

Dear Friends of Auroville's Beautiful & Harmonious Development, we are happy to remind you that our annual New Year's card, with its inspiring message of aspiration and unity, is available in English for free at:

- the Town Hall Kiosk,
- the Information Service at the Visitors' Center,
- the Unity Pavilion
- the two Pour Tous centers (PTDC and PTPS)

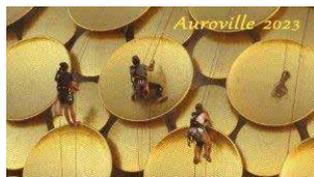
We invite you to take a card for yourselves, friends, and well-wishers to share our message for this New Year 2023.

- **The Tamil and French versions** of our card are available via the downloadable pdfs on our website: <https://land.auroville.org/our-2023-new-years-card-land/>

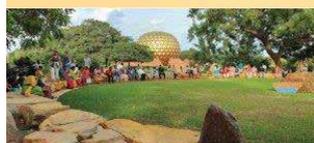
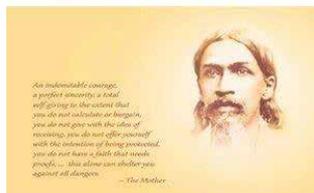
We take this opportunity to remind you of the inspiring and encouraging information we have shared during the past year in our four quarterly newsletters. They include the stories of four Auroville pioneers, four new Aurovilians (adding to Auroville's international mix), the history of land consolidation over the years as well as the past eight years of the Acres for Auroville campaign, our beautiful allied Art for Land support action, and the many solidarity creations and actions that support our efforts.

If your busy 2022 didn't permit you to read them before, here are the links for some happy New Year reading!

- [A4A Newsletter For 21 February 2022: The Birthday Month.](#)
- [A4A 24 April Newsletter: A Fresh Update For Our Extended Auroville Family](#)



An indomitable courage, a perfect sincerity, a total self-giving...



Beyond all preferences and limitations, there is a ground of mutual understanding where all can meet and find their harmony: it is the aspiration for a divine consciousness. - The Mother

May this new year take us all closer to embodying the true spirit of Auroville											
2023											
January	February	March	April	May	June	July	August	September	October	November	December
1	2	3	4	5	6	7	8	9	10	11	12
13	14	15	16	17	18	19	20	21	22	23	24
25	26	27	28	29	30	31	1	2	3	4	5
6	7	8	9	10	11	12	13	14	15	16	17
18	19	20	21	22	23	24	25	26	27	28	29
30	31	1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20	21	22
23	24	25	26	27	28	29	30	31	1	2	3
4	5	6	7	8	9	10	11	12	13	14	15
16	17	18	19	20	21	22	23	24	25	26	27
28	29	30	31	1	2	3	4	5	6	7	8
9	10	11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30	31	1
2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25
26	27	28	29	30	31	1	2	3	4	5	6
7	8	9	10	11	12	13	14	15	16	17	18
19	20	21	22	23	24	25	26	27	28	29	30
31	1	2	3	4	5	6	7	8	9	10	11
12	13	14	15	16	17	18	19	20	21	22	23
24	25	26	27	28	29	30	31	1	2	3	4
5	6	7	8	9	10	11	12	13	14	15	16
17	18	19	20	21	22	23	24	25	26	27	28
29	30	31	1	2	3	4	5	6	7	8	9
10	11	12	13	14	15	16	17	18	19	20	21
22	23	24	25	26	27	28	29	30	31	1	2
3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	23	24	25	26
27	28	29	30	31	1	2	3	4	5	6	7
8	9	10	11	12	13	14	15	16	17	18	19
20	21	22	23	24	25	26	27	28	29	30	31

- [Special Newsletter—Celebrating Sri Aurobindo's 150th Birth Anniversary & A4A's 9th Year](#)
- [A4A November 2022 Newsletter & Re-Connect!](#)

This past year has seen the addition of 10 new plots (comprising 9 acres & 84 cents) in the planned township area of Auroville (City & Greenbelt). We thank you for your valued support which is at the base of this progress. Solidarity works—so let us keep up our collective dynamism!

By supporting Auroville's harmonious land consolidation, together we strengthen Auroville's ability to be an inspiring beacon of hope and light.

With confidence in Auroville's bright future, our sincere appreciation, and our warmest wishes for a happy, harmonious and enriching 2023,

Lands for Auroville Unified (LFAU) and its two campaigns: "Acres for Auroville" (ALL Master Plan land) & "GreenAcres" (Greenbelt only)

News, videos, land and donation information:

land.auroville.org

Contact: lfau@auroville.org.in

Love, Mandakini

Thank you

WEE NOTE OF GRATITUDE

Pour Tous

Dear Friends, now that my time at Pour Tous (Aspiration) has come to an end, I thought it best to leave a mention, and a wee note of Gratitude here, unlike how I 'disappeared' from PTDC some years ago! (Oops!!)

With nearly 4 years contributing/learning/evolving with and towards (The Mother's approved), the Gift of having been able to Serve at both branches (PTDC + PTPS), in turn gaining a beautiful enormous family, a New Chapter is to be had. (~23 years in this field of Service is long enough!)

Much, much heartfelt Gratitude and ineffable Appreciation goes towards both teams for; putting up with me (ahaha), all the Laughter, the thali of Experiences, the buckets of Joy in Service together, the numerous Trial and Tribulations, the unveiling/revealing of Inner Capacities/Truths, the sweet Kindness, the (mostly) productive Conflicts, the opportunities of much Inner + Outer Exploration, the heaps of Growth/Transformation, the sincere Support, the life long Love, and MORE!



As well as to the **huge community of participants** I got to meet/connect with so many of you through Pour Tous, and what a delight! This Product Whisperer© moves on to other Service adventures!

Looking forward to seeing you wherever we may bump into one another around Auroville for a cheeky chit chat, and wish me strength and courage for this journey on a New Path (Omm).

An unfeigned and humble *tuhādā dhanavāda ji/mikka nanṛi* to all.

With A Big Smile & Much Light,
Devna

PS To remind us all of the History of For All—Pour Tous, [indly read here.](#)

Gatherings

NOWANA FOR KARAOKE

Dear Community, 2023 has started and as you know we like to organize events to bring the community together. We decided to start the year in song and for that we invite you all to join us at Nowana Restaurant (Auromodèle) For a Karaoke night on Friday, 20 January, from 6:30 to 9pm.



Everybody is welcome to come, sing or just listen, and Nowana will serve food as usual.

Since the monsoon has been lacking, let's call the rain!

Hope to see you all there!

Love, Fun and Joy, Aurore for YouthLink Team

REMINDER:

KALABHUMI MEETING & GET TOGETHER

20 January, 5:50pm

Dear friends, you are warmly invited to attend the Kalabhumi Meeting & Get Together on Friday, 20 January at 5:30pm. The intentions of this meeting are to reflect on the learnings of 2022, take stock of where we are today, and set intentions for this new year together.

We also invite you to share your feelings and ideas with us on these topics in advance, using the following link: <https://auroville.media/kbm-0120/>

*In community, The organizing team
Allan, Elisa, Kripa, Lili, Maël, Valli
and other concerned residents*

For Your Information

**THE AUROVILLE LIBRARY
will be closed for Pongal**



The Auroville Library will be closed for Pongal on Monday, 16 and Tuesday, 17 January.

*Kathrin for Auroville Library
Phone: 0413 2622 894*

Website: library.auroville.org.in

FINANCIAL SERVICE CLOSED FOR PONGAL



Dear friends, Financial Service will be closed on Monday, 16 and Tuesday, 17 January

Happy Pongal!

*Thanks, Otto
for Financial Service*

**NATURELLEMENT GARDEN
Closed for Pongal**

Monday, 16 and Tuesday, 17 January

Dear Friends, we will keep our restaurant as well as production closed for Pongal on Monday and Tuesday next week.



- On Wednesday we will be open again as normal, 9am to 7pm, last order taken 6:45pm.

Remember that although the staff will leave at 8pm you are welcome to stay on at your leisure (unless someone booked the place for the evening.)

*Wishing you a beautiful and peaceful Pongal!
The Naturellement team
Warm regards, Martina*

**SOLAR KITCHEN
is closed for Pongal**

Dear Community, Solar Kitchen is closed for Pongal on Monday, 16 and Tuesday, 17 January for both lunch & dinner.



Join us for our special Pongal menu on 14 January.

For community members not in our regular list, kindly book in advance via email solkitchen@auroville.org.in or call us 0413 2622197.

*Thank you,
Solar Kitchen Team & Volunteers .*

Communities

ANITYA—JOY OF IMPERMANENCE

ANITYA - JOY OF IMPERMANENCE

JOI aims at creating settlements in Auroville to experiment a spiritual way of life based on 5 main principles:

Impermanence, Community Spirit, Sustainability, Self-sufficiency and DIY

Anitya is the 1st community created under JOI

Tour + Lunch
on prior booking

Saturday JAN 14th 11:00

WhatsApp 7094058699 for booking

₹ 250 per pers

Anitya is registered under LEAD, Auroville
Location: Center Field, follow the ANITYA signs
For more info: joyofimpermanence.in

Health Care

**TIBETAN DOCTOR TO VISIT AUROVILLE
Friday, 20, and Saturday, 21 January,
Pavilion Of Tibetan Culture**



Greetings to all! This is to inform you all that the Tibetan Doctor and the team are visiting Auroville for their monthly Medical camp on Friday, 20, full day and Saturday, 21 January, half day.

The consultation is held at the Pavilion Of Tibetan Culture International zone.

- On Friday the consultation is held from 8:30—1pm and 2—5pm.
- Saturday, 21st from 8:30am—1pm.

You are Kindly requested to get your appointments

- by sending a WA message to 8489967332.
- or Call 0413 2622401.
- or write an email bodkhang97@gmail.com

*Submitted by Kalsang,
On behalf of the Pavilion Of Tibetan Culture
International zone,
Auroville.*



Dental Clinic
Auromode, Auroville.

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 What's up: 9629199328

Working hours

Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

The Arts



A Devotional Chirping of the kulls



Inviting dear brothers
and sisters of Auroville
To the Hymnal music -
Dr. Jayanti Ravi I.A.S
With little andals and
krishnas.

VENUE
Evening 5.30
Amphitheatre,
Matrimandir
14TH JANUARY 2023

Eyes That See

A photo exhibition



Photo Credit : Dominique Darr

Immersive eyes and gazes captured
by around 15 Auroville photographers.
Poems, interactions, and an invitation to "SEE".

**Inauguration at 5pm, Wednesday 18th Jan 2023
at Square Hall, Savitri Bhavan**

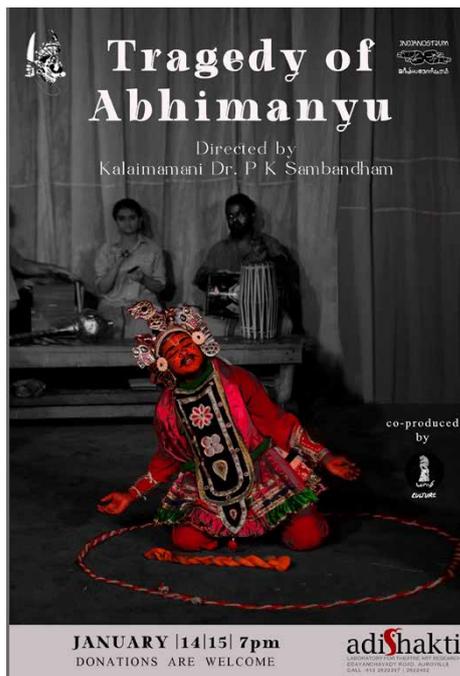
18th Jan-1st Feb, Mon-Sat 9 am-5:30 pm; Sunday open till noon
See you there and then, and see you around - Anandi Zhang & Silky Arora

Best, Silky

TRAGEDY OF ABHIMANYU

14 and 15 January, 7pm

Adishakti to Host The Tragedy of Abhimanyu



Hello, we are hosting a Therukootu play, "The tragedy of Abhimanyu" at Adishakti on the 14 and 15 January, i.e this weekend, at 7pm.

A Little About The Play

On the 13th day of the war, in response to a humiliation inflicted by Abhimanyu on his son, Duryodhana asks Drona, the master of arms of all the protagonists, to capture Dharma, the

eldest of the Pandavas. Drona decides to attack Dharma with a circle formation. Arjuna is the only one capable of breaking it but, in his absence, no one seems able to stop Drona. Abhimanyu claims to know the secret of his father, Arjuna, and insists on throwing himself into battle. Dharma reluctantly decides to send Abhimanyu to confront the fearsome master Drona. Abhimanyu penetrates the circle and begins to slaughter his opponents. But, surrounded by the Kauravas, unaware of the secret to getting out, powerless in the face of Saindhavan, Duryodhana's brother-in-law, he is condemned to fight heroically until his death.

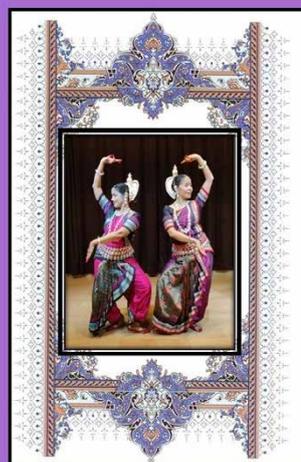
Warmly,
Smitha

To know more about our productions, residency spaces, training sessions and events log on to

◦ www.adishaktitheatrearts.com

KRISHNAYA NAMAH

In the luminous net of the Stars He is caught.



**KRISHNAYA
NAMAH**
A garland of Dancers
**Devasmita &
Madhumita**

**IN
COLLABORATION WITH
ANUREKHA
PANCHALI
JYOTI & GAYATRI**
Narrator: MALCOLM

**FRIDAY FIESTA
13TH JANUARY 2023, 6.30 P.M.
UNITY PAVILION, AUROVILLE**

CENTRE D'ART GALLERY

Centre d'Art Gallery, Auroville invites you to the exhibitions

- **Gallery hours:** Monday to Saturday, 10am—1pm, 2—5pm. Sunday is closed
- **Where:** Centre d'Art Gallery, Citadines, Auroville.



Please Park at town hall.

Free pickup and drop from the visitors Center on Friday and Saturday from 2:30 to 4:30pm.

Reminder: The Divine Seed

Opening 6th January 2023 at 4.30 Pm

THE DIVINE SEED

Saravana Deivasegamani

6 Jan - 20 Jan

mon - sat 10am - 1pm / 2pm - 5pm SUNDAY CLOSED

WITHIN/ WITHOUT
by Rakhee Kane

Center d'Art Gallery, Citadines, Auroville invites you to an exhibition Within/ Without by Rakhee Kane

- **Exhibition opening:** Friday, 27 January at 4pm
- **Exhibition Dates:** 27 January—11 February

About Rakhee Kane

Rakhee Kane's work Transcends the art of ceramics into a Visual experience that integrates her excellent skills and mastery over techniques of firing with her love for abstraction of Nature forms, landscapes and Indian Aesthetics. Her work reflects an amalgamation, intriguing design vocabulary that imbibes her love for Nature, while keeping her Ceramics forms Pure and Simple. Her unassuming personality finds its expression in simplicity of forms and its complexity of techniques of Firing with Soda, wood and Raku.

Kane's Ceramics work, represents the coming of age in Indian ceramic art which has found it's own niche in the contemporary Indian art world. The scale and sensitivity of her pieces appeals directly to the viewers, collectors and curious minds equally, who want to own a small part of her unending search to touch the core of Indian Aesthetics.

Her recent work has a quiet presence and sublime posture, when a viewer experiences it in a gallery setting. Her special sharing and connection with her contemporaries is a gift to the professional colleagues. Her work is a tribute to her mentors by her total commitment to her passion and profession, and balance of her work and personal life in the natural setting of her Studio in Auroville.

Warm regards, Sri/ Centre d'Art
+91 413 2622699, centredart@auroville.org.in
www.centredart.in

PITANGA



0413 2622403/ WA 9443902403
info@pitanga.in

Exhibition: In the Land of Majestic Giants
Photo exhibition by Ashwin Ezhumalai

20 January—11 February 2023
Opening: Friday, 20 January, 4:15—6:30pm

If you wish to receive Pitanga's program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile!
Submitted by Andrea, on behalf of Pitanga

SVARAM: DIVINE SOUND

Concert of Divine Sound
 Jan 22, Unity Pavilion, 7 pm
 the Rhythms of Carnatic Music



For registration, please contact:
gkotangi@gmail.com

Concert of Divine Sound

- January 22, Unity Pavilion, 7pm,
 The Rhythms of Carnatic Music

Umayalpuram Mali: Mridangam, S. Venkatramanan: Kanjira, C.K Vasudevan: Konnakol (spoken rhythm), N. Rajaraman: Gethuvadhayam, Gordon Korstange: Bamboo Flute

Workshop in Carnatic rhythms: The Sound of Math

- January 22, 3pm, Bhumika Hall, Bharat Nivas
- For registration please contact: gkotangi@gmail.com

KALABHUMI GOES LIVE

KALABHUMI Goes LIVE!

7pm Auro Sonic
 A new musical sensation: young talents singing accompanied by Kalabhumi band

8pm 79 East
 High-energy nu-jazz jam collective from Porirua, visiting us for the first time

9pm Permanent Daylight
 harmonic and introspective alternative techno music by Aarnav

**Saturday Jan 8
 7-10 PM**

 Parking at Cripa back side, follow instructions from our team!

VENUE: **KALABHUMI MUSIC STUDIO** AUROVILLE
 @kalabhumi.musicstudio.aiv

CHAAT & PARANTHAS FROM ROOTS
KAJIMBA MIRACLE BEVERAGES
CAFE 73 ICE CREAM DELIGHTS

TEN 10
 FOR BOOKINGS
 8056795810
 @TENTOLOKA

Submitted by Edo



Korean Culture Fest
 한국문화의 날

Saturday /Jan 21/ 2023

Timing : from 1 to 6 pm
 Place : Pavilion of Tibetan Culture

Traditional Games and Experience
 Street Foods (Last order 5:30pm)

Display of Korean Traditional Dress

Hanbok

Jan 20(Sat) - 21(Sun) / 2023

Timing : from 9am to 5 pm
 Place : Pavilion of Tibetan Culture



Korean Tea Ceremony

Saturday /Jan 21/ 2023

Timing : 3pm and 5pm
 Place : Pavilion of Tibetan Culture



Education

DEEPANAM SCHOOL: CONNECT CAFE



WELCOME TO
CONNECT CAF'E

SUNDAY , 15TH JANUARY
10AM - 2 PM

VENUE: NEEM TREE RESTAURANT

ON THIS SPECIAL DAY THE MEALS WILL BE PREPARED AND SERVED BY THE HOPE GROUP STUDENTS OF DEEPANAM SCHOOL AS A PART OF THEIR EXPLORATION OF ENTREPRENEURSHIP

COME AND ENJOY GOOD FOOD , GOOD MUSIC AND AN AMBENCE OF LOVE AND GRATITUDE

Join us for breakfast , brunch or lunch

*Thank you,
Mahavir*

TLC: THE LEARNING COMMUNITY

TLC Open Spaces



TLC Open Spaces
Variety of activities
for all Auroville kids age 6-14
Every Friday afternoon 13:30-15:00
TLC Base Camp

For any questions please write to: tlc@auroville.org.in

TLC Welcoming Volunteers

TLC (The Learning Community) is welcoming volunteers for our "open spaces" activities—every Friday from 1:30-3:00 pm in TLC's Base Camp:

We are looking for volunteers, guests or community members who are willing to offer activities, such as sports, crafts, music, drama etc. for kids aged 6-14.

You can offer your skills and talents as a one day workshop or over a few weeks, or for the full term.

If you feel inspired to participate, please contact us

• 9442180610 WA.

*From TLC Aspiration and Community team,
Tamar, Mirna, Sara, Mira, Sashka and Nasim*



**A Talk on
Human Permaculture**



All are Welcome
5-6PM December 30th,
at the Hive, Auromode Complex.

Conducted at the Hive, in collaboration with Comm4unity Education, both under the Hospitality Trust, of the Auroville Foundation.



World renowned Human Permaculturalist, Bernard Alonso, will share more about his work and book.

Refreshments will be offered, for a relaxed introduction to the topic of how the "human" element plays a key role in the success of Permaculture Design projects.

*Human Permaculture
Design Certificate*



January 23rd-February 4th 2023 in Auroville

"Harness the power of permaculture to change yourself and become a regenerative force for the planet."
Bernard Alonso



Conducted through Comm4unity Education, Hospitality Trust, of the Auroville Foundation.
comm4unity@auroville.org.in



This Internationally Certified Program is a powerful, forward-thinking training that uses permaculture principles of ecological design rooted in People care, Earth care, and Fair share—for redesigning your life and community, to align with the resources available on the planet.

Community Life Design

• 20 February—18 March

This 4 week certified program is for anyone seeking to manifest change in their life. Learn through Auroville's examples of conscious alternatives—that inspire transformational processes of self discovery.

Gain confidence in applied design, in the context of community living.

Inside Myself

Inside Myself

20, 21, 22ND JANUARY'23

TAKE A
MOMENT
TO
TAKE
CARE
OF
YOURSELF

Become the creator of your life full of possibilities, joy and connection. Because creating possibilities, joy and connection starts from inside.

Leo Institute has developed a methodology that has transformed thousands of lives. It has been successfully offered in Auroville twice before.



Apply Here

- Limited Spaces Available, please Apply through Barcode
- Questions via WA +918940568266
- Workshop conducted by Michael through Comm4unity Education, under Hospitality Trust, of the Auroville Foundation, www.comm4unity.com
- In Collaboration with Leo Institute www.leo.institute/about-us/

Warm regards, Kavitha,
for Comm4unity Education

Activities

AUROGAMES SESSION AT HUMASCAPE

Sessions with Aurogames games help develop concentration and memory. Open to all ages from 6 year old on. The sessions take place in small groups, for a better stimulation of the children. For individual sessions, it is best to make an appointment.



- Sessions take place at **Humanscape**, the community building
- Tuesdays, Wednesdays and Thursdays, 4—5pm
- Limited places, please reserve and confirm your venue.
- Possibility of private session on appointment only.
- Free of Charge

Geetha 7094688421, Veronique 9488512678

THE SECOND WEED WALK

The second weed walk for this season is on Saturday, 14 January 2023
Time: 7:30am to 8:30am (max 8:45am)
Venue in Auroville: TBA before the walk
Pre0-registration required

For registration, and contributon write to:
edibleweedwalk@gmail.com
or WhatsApp: 9840936907

Edible Weeds Project @ Pranimverse (NinaS)



Dates for other weedwalks this season|January 21, February 21, 25, March 4,11,18, 25

TAI CHI CHUAN WORKSHOP
30 January—18 February, 2023
Monday to Saturday, 7:30—10:30am

INNER WAY TAI CHI SCHOOL
TAI CHI HALL in Sharnga
Presents
THE ART OF CHI - Stevanovitch's method



Beginners, chi and tai chi basics, approaching the 24-posture form. The workshop is essentially directed towards:

- Mastery of the body through breathing and muscular relaxation;
- Improvement of movement through balance and coordination;
- Learning to mobilize Chi. First perceiving it, then guiding it in one's body with the use of three factors: will, imagination and muscular activity.

Information and booking: taichi@auroville.org.in

Website: taichi.auroville.org, www.artduchi.com

Submitted by Krishna

TANGO DANCE CLASS

DANCE
Tango

EVERY MONDAY.....
CRIPA
6:30PM

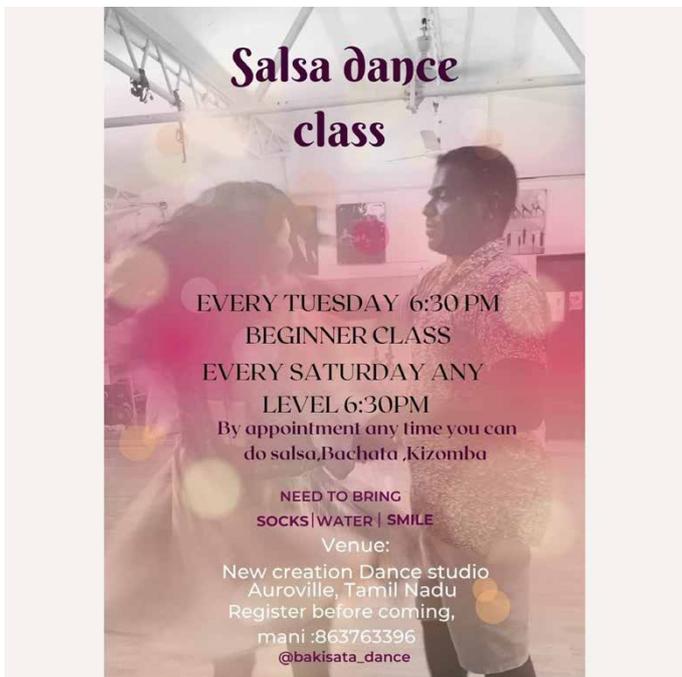
BY APPOINTMENT ANY TIME YOU CAN DO CLASS

INFORMATION

- bring water bottle , socks ||
- every month new batch beginner
- minimum commitment 1 month
- Listen more Tango music
- Every days tango dance by booking for couples or Individual
- Be on time
- place: cripa, Auroville, Tamil nadu

FOR BOOKINGS, CONTACT US:
+918637633696 Bakisatadance@gmail.com Instagram@Bakisata_dance





Salsa dance class

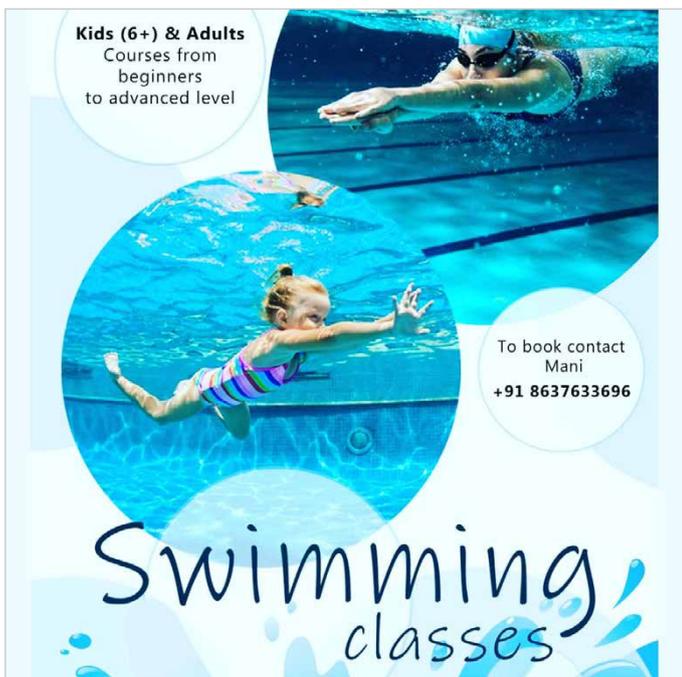
EVERY TUESDAY 6:30 PM
BEGINNER CLASS

EVERY SATURDAY ANY
LEVEL 6:30PM

By appointment any time you can
do salsa, Bachata, Kizomba

NEED TO BRING
SOCKS | WATER | SMILE

Venue:
New creation Dance studio
Auroville, Tamil Nadu
Register before coming,
mani :863763396
@bakisata_dance



Kids (6+) & Adults
Courses from
beginners
to advanced level

To book contact
Mani
+91 8637633696

Swimming classes

TRAINING COURSES

At The Auroville Earth Institute

The Auroville Earth Institute is conducting courses on Compressed Stabilized Earth Blocks (CSEB), Ferrocement and Arches, Vaults and Domes (AVD).

Month	Dates	Category	Details
January	23—26	Special	Ferrocement
February	30—4	CSEB	Intensive
	6—11	AVD	Intensive

- To register, please click the link: <https://registration.earth-auroville.com/>
- Otherwise you can reach out to us on our social media handles: @earth.institute on Instagram and Auroville Earth Institute on Facebook or come to our office at Auroshilpam to register for the course.

Welcome to our courses, warmly, Malavika

Tel.: +91 0413 2623330/ 2623064

communication@earth-auroville.com

<http://www.earth-auroville.com>

CREATIVE WRITING PLAYGROUND



Creative Writing Playground weekly updates: this week's "Just Wanna Write!" short podcast topic on AVRadio: Negative thinking and how to get rid of it by writing.

For others' creative insight on writing, please subscribe to the Creative Writing Playground blog. It's for Aurovilians and Newcomers only and it's for free. You can find it on gatedreams.com.

Enjoy! Francesca

BAMBOO CENTRE JANUARY EVENTS 2023

1. Bamboo Centre Campus Tour

Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling of different species, working spaces, different products, bamboo sound garden, food and wellness services.



- **Timings:** 9am—12:30pm; 1:30pm—5pm
- **Days:** Everyday except Sunday
- **Registration:** Walk-in registration available

2. Training and workshop

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period and is now gaining importance as an Eco-friendly raw material capable of meeting many needs. We at bamboo centre offer many hands-on experience workshops to get comfortable with bamboo as a sustainable material.

2.1. One-Day, Make and Take Workshops

Furniture Workshop

Learn the Fundamentals of furniture construction and then "MAKE AND TAKE" the Furniture Piece Back home. This Unique Workshop will take place under the Guidance of an Export.

- **Timings:** 9am—12:30pm; 1:30pm—5pm
- **Days:** Everyday except Sunday
- **Registration:** One day in advance.

Bamboo Toys

Come and learn to make your own Bamboo Toys at Bamboo centre and take home your own hand made Toys at the end of the workshop.

- **Timings:** 9am—12:30pm; 1:30pm—5pm
- **Days:** Everyday except Sunday
- **Registration:** Walk-in registration available

Bamboo Musical Instruments

We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional crafts men and take home your own hand made instrument at the end of the workshop.

- **Timings:** 9am—12:30pm; 1:30pm—5pm
- **Days:** Everyday except Sunday
- **Registration:** Walk-in registration available

Bamboo Jewellery

Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.

- **Timings:** 9am—12:30pm; 1:30pm—5pm
- **Days:** Everyday except Sunday
- **Registration:** Walk-in registration available

2.2. Bamboo Yurt Workshop

Traditional yurt is a Portable Circular tent. They are Characterised by Having Walls Formed of a lattice of thin Wooden Strips. The roof, unlike a tent Which uses Poles for Support. Building with Bamboo critical theory about bamboo and its uses intro to Bamboo cutting & Joineries Splitting bending & Straightening.

- Timings: 9am—12:30pm; 1:30pm—5pm
- Days: 27th, 28th, 29th Jan 2023
- Registration: bookings in advance

For more information, special requirement, and pre-booking contact:

- Preferred: bamboocentre@auroville.org
- or telephone number: +91 8300949081
- Flexible training dates offered to groups
- Contact: Voice call and WA: 8300949081

bamboocentre@auroville.org,
www.aurovillebamboocentre.org

Thanks and regards,
Anchal, Bamboo Centre

SOUL OF SOIL

Auroville Cultural, Craft and Eco Experience Program for January 2023

Touch ◦ Ride ◦ Feel ◦ Taste ◦ Hear ◦
Discover ◦ Experience



Bamboo Musical Instrument, Bamboo Jewellery, Bamboo Toys, Clay Modeling, Terracotta, Incense Making, Paper Mache Art Marbling, Lampshade, Kolam Mandala Painting, Palm leaf craft, Coconut shell craft, Stone Carving

Daily: Make and Take, Hands-On Workshops

Make and Take, Hands- On Workshops at Bio region Art & Craft Centre (Mohanam , Cross Cultural Experiences and Educational Tours located in Mohanam campus)

- Timing: 10am—4pm
- Day: Everyday, Except Sundays

Mohanam campus tour

Come and visit Mohanam Village Heritage centre to explore the taste of Tamil culture, bamboo experiential farm, sound healing, bio region art and craft centre, Lively one village boutique, saree library, local traditional lunch, herbal tea.

- Timing: 9am—5pm
- Day: Everyday, Except Sundays

Saree & Veshti Experience Tour

Let the magic of saree & veshti adorn you!

Choose a saree and veshti from a variety of beautiful saree and veshti of our library, our women's group member will teach you to drape/ wear the saree & veshti. You can ask us for a photo-shoot as an add on, south Indian style makeover—choose between kolam & cooking for an inclusive traditional experience

- Days & Date: All working Days except Sunday,
- Timing: 10am—4pm

1-2 days advance booking is necessary

- Contact:
 - Preferred mohanamprogram@auroville.org
 - or call +91 8300949079

Bio Region Village Tours

- Cycle Tour with Bio-Region Youth + Breakfast

Auroville is considered one of the best cycle trails in India. We at Mohanam would like to offer our experienced staff as guides to take advantage of the best routes in and around Auroville using cycles.

The route includes Tea and snacks,

- Duration: 2 hours.
- Date: 1-day advance booking is necessary
- Day & Timing: Every Saturday & Sunday, 6am to 8am
- **Auroville North-West Cycle Tour + Lunch**

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. Also, this is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

- Date and Time: Every day 10:30am to 1pm except Sunday
- Meeting/ Starting Point—Visitor center, 1-day advance booking is necessary for group bookings (for single bookings at least before 10am)
- For Bookings
 - Email at mohanamprogram@auroville.org
 - or call us at: +91 8300949079

Indo African Drum Circle with Food and Campfire

Enjoy the evening with blissful fusion of instrumental music, freestyle dancing and traditional drumming with campfire, accompanied by traditional Tamil dishes. (with basic Contribution from each participant)

- Day and Time: Every Thursday between 6.00 to 7:30 pm (Pre booking is mandatory),
- Venue: Mohanam Village Heritage Centre,
- For more information contact us
 - Email: mohanamprogram@auroville.org
 - Phone: 8300949079

Kolam Village Walk (every Friday)

Join for Spiritual Kolam walk and let the inner spirit and emotions lead the flow of Kolam. Enjoy the Delicious Tamil breakfast after the small trip inside the village, early in the morning made by local women to support them economically.

- Meeting point: Mohanam Heritage Village
- Day: Every Friday, 6—8am
- Facilitator: Mohanam youth
 - Email: mohanamprogram@auroville.org
 - Phone: 8300949079

Pongal Celebration

Let's celebrate the 7th Auroville Pongal Festival in the most delightful way, to thank the farmers, the spirits of nature, the sun and the farm animals for their assistance in providing a successful harvest. Join in for traditional games, music & dance, Kolam circle, Aurosandhai (Saturday market), and a sharing circle about Tamil connection to Asia and world.

- Venue: Mohanam Heritage Village
- Day: 14 January, 2023, 10am—5pm
 - Email: mohanamprogram@auroville.org
 - Phone: 8300949079

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services Aurunachala Auroville Tour | Retreat space | Camping | Temple visit | Ashram | Girivalam Full Moon Experience.

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

- For more information, contact us:
 - Email at mohanamprogram@auroville.org
 - or call us at: +91 8300949079

VII AUROVILLE
PONGAL FESTIVAL 2023



7th Auroville Pongal Festival 2023

- Traditional games for Kids
- Dance & Music
- Kolam Sharing Circle
- Aurosandhai (Saturday Market)
- Food stall
- Farmer's honouring
- Tamil connection to Asia & World (Sharing circle)

14th January '23, Saturday
10:00 AM - 5:00 PM
at Mohanam Campus

Get in touch with us:-
0413-2190757
mohanamprogram@auroville.org.in

Mohanam Campus,
Isai Ambalam Road,
Auroville.

MOHANAM Auroville

Honorary Voluntary

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala! You are most welcome to join us on any day **from 6am onwards**, and have a vegan breakfast at **8:45am**. Breakfast is offered as a gift, and there is no need for prior booking.

If you would like to contact us:
sadhanaforest@auroville.org.in,

WA 8525038274 or call 8122274924.

Looking forward to welcoming you!
The Sadhana Forest team, warmly, Shek

AUROVILLE INTERNATIONAL POTTERS MARKET

January 26—28



We are looking for **volunteers** from **January 23 to January 29**. Please email auroville-pottersmarket@gmail.com with "volunteer" in the subject line. Please do include your name, phone number, and dates/times you are available.

Also we are looking to borrow **3 Dongles**. If you have one to lend us from January 24 to January 29, please email us with "dongle" in the subject line. Please do include your phone number.

Thank you very much!

Love, Krishna

Work Opportunities

GARDENER JOB

Looking for a reliable person for gardening work in Auro-modele. Should have driving license and own vehicle. Contact 2622801/ 9443413471.

Shama

Looking For

Looking for a Place



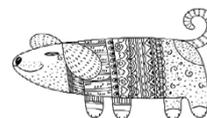
Hello Dear Community, I am a SAVI volunteer, a mature woman who is Responsible, Resourceful, and Reliable, I am looking for a long-term rental with a kitchenette in a relatively quiet area; Thank You for any Assistance in this Search !

Chandra, the elder, 85310 33318 WA

Looking to House Sit

Hello! We are looking for a house sitting opportunity. Love animals and gardening. (Have a big Labrador owner experience :)

Please WA +79057390583, **El and Serg**



Available

Dang Qui Shen Available

Dang Qui Shen (angelicae sinensis radix) powder is a very good quality source from Europe, 2 extra boxes 100gr, towards contribution, fanny@auroville.org.in.



Danggui is a herb used in Chinese medicine to enrich blood, promote blood circulation and modulate the immune system. **Fanny**

Kittens needs a Home

We urgently need a loving home. Together or alone.

Bel, 7598892065



Lost and Found

Birkenstocks Removed

A rather new pair of Blue, Rubber Birkenstock sandals have been accidentally removed from the shoe rack outside of the Free Store, on Friday, 23 December, between 12 noon and 12:30pm. Please, these have special Orthotic Inlays, which are a great help for my knees.



Please, return these chaples to Anandi in the PTDC office.
+91 85310 33318 WA, Nandri, Chandra, the elder

Eyeglasses case, Kurta & Drawstring Bags

Lost on Monday, 9 January, approximately at 2:30—3:15pm.

- Gray, plastic, eyeglasses case, light yellow, with stripes.
- Short cotton, kurta and
- A small colorful, drawstring bag, with 2-3 other small drawstring bags inside.

These three items fell from my inconveniently, unfortunately, loose-zipped day pack while driving from the Botanical Gardens, through the Solar Kitchen rotary, and past Matri-mandir to Town Hall. Please contact me if you have any info re these three items +918531033318 WA

Most Gratefully, Chandra, The Elder

Pair of Glasses Lost

Lost in the Town Hall area last Thursday.

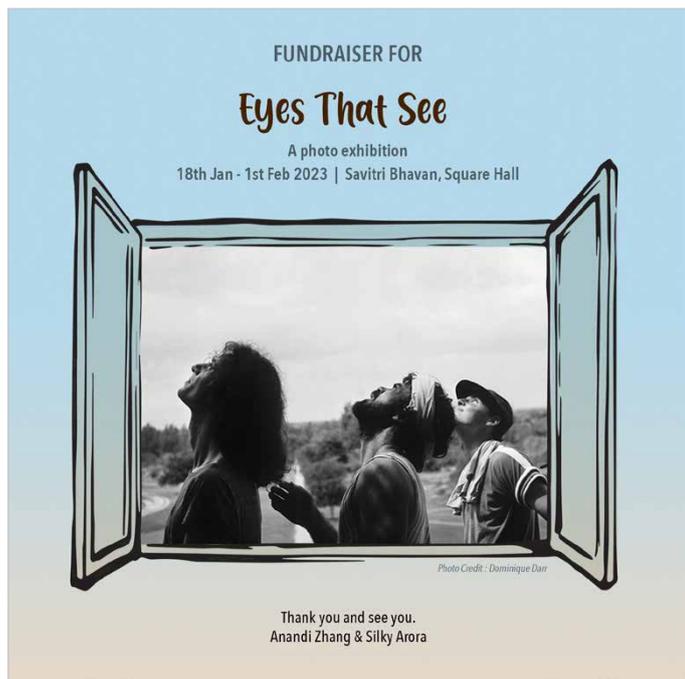
- **Distance glasses**, with plastic frames.

If anyone has found them, I would be very grateful if you can contact me on +91 9486366725.

Thank you very much, Julia (Fertile)

Help Needed

EYES THAT SEE: FUNDRAISER



We would like for this and future exhibitions to travel in and out of Auroville and share the beauty with many more people. We need Rs. 50,000/- to cover the costs (incl. reusable handcrafted frames, printing and creative elements)

Will you see to it that it happens?

- Transfer what feels right to account no. 252963 (Our Home)
- **Aurovilians and newcomers** can make direct transfers; Volunteers and guests need to go to the Financial Service to make the donation. Do please write "Donation to Eyes That See exhibition" in the description.
- **For people outside Auroville:** you can donate via <https://donations.auroville.org>. Please write in the description "252963 Our Home Donations".

Please email to ourhome@auroville.org.in to inform us of your donation details.

Best, Silky

HELP NEEDED

to attend International Frisbee Tournament



Dear friends and family, hope everyone is doing well. This is Gothainayagi daughter of Rajasoundari who works in Guest registration service Town Hall.

I have been selected to represent India's under-24-age category for the International Frisbee Tournament in London in July 2023. In order to go and represent India I'm seeking all of your help with the costs.

We have raised some amount already and have paid an initial 60 thousand rupees for registration and other fees. We still need much more to cover travel and living expenses. It would be really helpful if you support me with any amount.

By going to London and also participating in training camps, I get to improve my skills and have been developing soft skills and hard skills like communication and leadership skills. This is a chance of a lifetime.

Thank you for helping me.

Yours sincerely, Gothai
FS account No.256272

NEEDS ASSISTANCE FOR SURGERY CHECKUP

20 (or 19) January, 8—11:45am

For a surgery check-up, I will go to Sai Krupa Hospital.

I am leaving at 8am and returning approximately by 11:45am, January 20. I need two strong people and one with average strength to carry me to the taxi. Also needing an attendant for the morning—to pay and wait and go for a walk and have tea and wait.

- If you care to do this, but are available on January 19 only, please reply also.

Thanks, Patricia,
pat@auroville.org.in, 0413 2623750

Taxi Share

To Chennai Air Port, 15 January, 4:45am



Auroville to Chennai Airport starting around 4:45am, if required, could start earlier. Contact Dinesh, 9843600957, WA or call

Thanks, Dinesh, Sincerity

Foods, Goods and Services

LE MORGAN CAFE HOME DELIVERY

Le Morgan Cafe (Town Hall) proposes a new service of home-delivery for people who are sick and cannot move out. Call Odile 9486475968.



- Le Morgan is open from 8am to 3pm for breakfast, lunch, snacks and drinks.
- We are closed on Sunday.

Odile

SMOKED FOODS SPECIAL PONGAL OFFER

Smoked Mackerels at PTPS and HERS at a very special Pongal rate of 145Rs/100gr only. Just during the festive Pongal Season.



- **At PTPS** in the fridge next to the Fruit and Vegetable Counter,
- **At HERS** in the deep freezer at the back of the store, Enjoy!

Happy Pongal!
 Raphael/ Manager Smoked Foods

RAPID CARE SERVICES

Dear Residents, Rapid Care Services has been serving our community in various aspects of repairs and maintenance.



RAPID CARE SERVICES
 One call to solve all your problem

We hope that your expectations have been met by us. Do share your feedback with us at the following Email ID

We are now expanding our services portfolio to include the following:

- House repairs renovations and remodulation
- Regular maintenance work for Guesthouses and Schools
- Purchase assistance on Household Utilities

Kindly do give us an opportunity and call us for all your repairs and maintenance needs.

- Balaji, 8270071581
- Arun, 7639810621
- rcsrapidcareservices@gmail.com
- rapidcare@auroville.org.in

Best regards,
 Balaji & Arun

INTEGRAL DOG EVOLUTION APPROACH



Arthur is offering individual training sessions to help you and your dog(s) create a deeper understanding of each other, resolve negative behavior patterns, relieve stress and resolve deeply rooted fear in your loved furry friend.

I am volunteering at the Auroville dog shelter and have 8 years of experience working with dogs, using my I.D.E.A. Integral Dog Evolution Approach.

- Only a limited number of sessions are still available in January from Monday to Friday in the afternoon.

Thanks, Arthur

AD ASTRA ASPERA OFFERS ITS SERVICES

Ad Astra Aspera offers its services voluntarily in gratis in the below areas only to individuals/activities who/ which do not have a qualified and experienced in-house resource.



Focus:

- Social and Service Startups: Products and Services
- Concept Note, Project Proposal and Application Form Preparation—Guidance only
- Email Marketing, Instagram, Business Communication, Website content

Contact Details:

- 9884204918 (Voice & WA)
- surajkiranv@gmail.com

Regards, Surajkiran

ECO FEMME OPEN HOUSE

Every Thursday morning from 10:30am

Dear friends, join our open house at our office in Auroshilpam every Thursday morning from 10:30am. Come and learn about sustainable menstrual products and our not-for-profit programs and pick up discounted cloth pads, cups and cloth nappies.



See you soon!

The Eco Femme Team'

LATEST NEWS FROM INSIDE INDIA—TRAVEL SHOP

Mr. Ganesh our Travel Consultant can only be contacted directly for discussing Travel itineraries, issuing, rescheduling etc. for all kinds of ticketing



- by phone or/ and by WA: +91 9894598686
- by email: travelshop@auroville.org.in or domestic@inside-india.com

Aircraft of most of the Airlines are fully booked and its advisable to make bookings well in advance. For travelers who accept flexible flight dates: there is a chance to get international flight tickets for only about 15 % higher

Joster



AUROVILLE RADIO

Dear Aurovilians, please check the latest podcasts of your favourite radio! Stay tuned!

[Here you can listen](#) to the stream channel (playing 24/7).

[Here you can see](#) on-air schedules.

Last published podcasts

- [Soul Tracks—Se4 ep 23 “The Soul Tracks New Year Show”](#) (Music)
- [Meeting with Rasheed Josuf, The Prince of Nicobar Islands](#) (Meetings)
- [Kadhai Ketpoma-Ep.16! \(Literature\) “நீ நதி போல ஓடிக்கொண்டிரு”](#)
- [Meditative Get Together](#) (Meetings)
- [Gloria Campaner piano concert](#) (Music)
- [Marlenka’s weekly offering—ep.77](#) (Literature)
- [Sri Aurobindo, La Vita Divina—Cap. 17](#) (Integral Yoga)

Last Youtube live videos

- [Gloria Campaner Interview](#)

...and more! on www.aurovillerradio.org

Please help us to relocate the radio!
Donate to F.A. number 251369

For more information write to radio@auroville.org.in

Peace and Love

Regards, Wobbli

I CAN'T GET NO SATISFACTION

We were meeting almost every afternoon in La Terrace to jam. The goal was to create a new music genre, something that didn't exist already, a genre that would represent Auroville. Each of us had different music preferences and backgrounds. Some were more experienced than others, but it didn't matter because the idea was to explore our creativity while keeping it simple and spontaneous.

One of the guitarists (whom I'm going to name Jack because I can't remember his name) was into Rock and particularly into The Rolling Stones. Jack must have spent a lot of time practicing 'I Can't Get No Satisfaction' because whenever he picked up his guitar he had to sing that song. It was almost compulsive. He obviously loved that song, but we, on the other hand, started disliking it more and more as he kept signing it.

I remember those afternoons sitting on the wall of the terrace with my fellow musicians, chatting while unpacking our instruments. As we saw Jack coming up the stairs, one of us would whisper "oh oh, here comes 'no satisfaction' ". Because of Jack, all songs in our jams had the flavor of The Rolling Stones in it, and at least one song ended up with 'I Can't Get No Satisfaction'.

Occasionally while practicing, we felt that we were playing good music and that we were about to create something original. Then Jack would make one of his facial expressions as if he was getting into a kind of trance, and that's when we knew he was going to sing, out of his lungs, his favorite song 'I can't get no satisfaction'. He just couldn't control himself, he had only one song in his head. Jeez, we hated that song.

Don't get me wrong, The Rolling Stones are one of the best rock bands of all time. They started in the 1960 and continued rocking for another two or more decades. But...

After a few jams we started to realize that trying to create something new can be almost impossible if we can't let go of what we know already. We spoke about it, and we

agreed that while it was ok to allow a couple of elements of Rock, Blues, Bossa or whatever, none of these should be prominent because the aim was to create something new. Anyway, even after discussing it and agreeing that we would try to create something new, all we produced was a lousy version of Rock from the 60's.

Eventually, because of Jack, we gave up our project.

Whenever I find myself discussing the topic of 'Auroville Farms' with friends, I hear the same concept over and over again: how can our farms make money? I keep trying to explain that money shouldn't be the issue, but no one seems to grasp my point.

Recently a friend suggested that we plant "cash crops" like basil, kumquat, and others. Another friend said that our farms should be left to deal with their income without getting any financial help towards maintenance, grants and workers' wages. I disagree with both approaches.

If we were talking about private farms, then yes I would totally agree with the fact they need to make money in one way or another. But Auroville farms aren't private businesses, they are the farms of the "Auroville community" as a whole. If we focus on making money, then our farms become something else.

I give you an example: in Discipline Farm, for many years, we have been growing Jicama (a root which can be eaten raw). To allow roots to grow well, you must create raised beds above the existing level of the ground. One year the beds got flattened down so badly by the heavy and persistent rain, that the Jicamas came out small and deformed. They were still edible but because of their small size and weird look we couldn't sell them. They became what we call "waste products". The best solution I could come up with was to make pickles. I searched on the internet and found some interesting Jicama recipes. I experimented a little until I came up with my own recipe. So we jarred the pickles, labeled them and brought them to shops. It was an intense job, but we sold all the Jicama pickles and we made a much higher profit than if we had sold fresh Jicama. In the farm we quickly concluded that at the next Jicama season we wouldn't bother selling it fresh but we would make pickles.

Do you see where the problem is? When the focus of farming is making money, you will organize your work to make money, and as a consequence the food production shrinks and eventually disappears.

The idea of developing side "activities" within Auroville farms sprung out from the necessity to cover running costs and make "farming" more viable. But the result is that these side "activities" now function as commercial units and are the main focus, whilst the farm itself is just a cover up.

The main goal of reserving Auroville land for farming is not to make money, but to try and produce food for Auroville and to run research and education campuses.

What corrupts our farms is the obsession with making money. This is why instead of farming we expand in agro-tourism and food processing businesses.

What do you think makes more money, a farm or a guest house? A guest house makes more money of course. What makes more money, selling fresh produce or selling jams, pickles and dried fruits? Jams, pickles and dried fruits make much more money of course.

Unfortunately we can't get the focus on money out of our minds. We are obsessed with it. Our farms do not produce food for the community. Our farms do Agro-Tourism (guest houses in the farms) and Food Processing (jams, pickles, dried fruits, etc), that's about it.

The current procedure in Auroville is this: once an individual has been assigned a piece of land (for farming), this individual calls himself a farmer and considers himself the owner of the farm (the steward of the land).

In reality the land belongs to Auroville, and it is assigned to the individual with the condition that they produce food for Auroville. Not to run a commercial unit, but to produce

food. Not to process food, but to produce it.

Guess why nobody ever bothers investing their energy and time into Production or Research (experimenting with innovative farming techniques) and Education. Because there is no money in it. Research costs money (it pays back only if you succeed with your research= if you invent or discover something, or if you find the solution to a problem); Education and Production take a lot of effort and pay very little. There is no money in it, therefore we don't do it.

So, what am I suggesting? I'm suggesting that we need to look at Auroville Farms as our means to secure food for the Auroville community.

Whomever wants to take up a farm has to understand that he or she does not own it, but they are taking up a responsibility. Our farms aren't private farms, are the farms of Auroville, and as such they should be focusing on Production, Research and Education.

A guest house is a guest house, and a farm is a farm. Once we combine them, the farm becomes nothing more than a feature of the guest house. In the same way, a Food Processing unit in a farm has the power to transform the farm into a candy factory (we can't feed a community with jams and dried fruits!).

Auroville Farms need a 'non private' Food Processing unit which collects the surplus and waste product of all farms, and provides jobs to Aurovilians in the food processing field. The profit goes to BCC, and the running costs of Auroville Farms are looked after by BCC. That's what I call a community, not a bunch of privates minding their own business.

And now, just to stay in the topic of money, here is another thought I would like to share with you all, in the hope that someone can give me an answer, because I'm puzzled.

The Financial Service Account was created with the pretext that Mother says: *"I would like there to be no money within Auroville (we would have to work out something), I would like money to be retained only for relations with outside."* 30 Aug, 1969, Vol 10, Mother's Agenda.

But in reality the Financial Service Account is a form of money. It is not cash, but it is still money. Mother didn't say: *"I would like there to be no cash"*. She said no money amongst us. But we are still using money, because the Financial Service Account is clearly a form of money. So what is the need to have the Financial Service Account if it defies the purpose? Some people might say that we aren't ready yet to interact amongst ourselves without money. Sure, and maybe one day we will, but until that day, why can't we simply use an SBI cashless account? It will work just fine and our money will be protected by the Government.

Mother also says: *"There will be no taxes as such but each will contribute to the collective welfare in work, kind or money"*. 30 Dec, 1967, Vol 08, Mother's Agenda.

The "Contributions" we are paying are clearly a Tax with a different name. Why are we doing this to each other? If an individual is already working sincerely to the best of his/her potential, why are they made to pay contributions? And the contribution is not little either. Isn't this the exact opposite of what Mother asked us to do? (I would like money to be retained only for relations with outside).

Also, by inflicting these taxes we are making it more difficult for young working people, and easier for retired pensioners.

I leave you with one last quote by Mother

How will work be organized and distributed in Auroville?

Money would be no more the sovereign lord. Individual value would have a greater importance than the value due to material wealth and financial position. Work would not be there as the means for gaining one's livelihood, it would be the means whereby to express oneself, develop one's capacities and possibilities, while doing at the same time service to the whole group, which on its side, would provide for each one's subsistence and for the field of his work.

Gino

Auroville Poetry

CHASING COWS

Nobody invited me
 Nobody urged me
 Nobody taught me
 Nobody paid me
 To chase cows
 When they come
 Inside the fence.

When they come
 Inside the fence
 It is an invitation for me
 To put aside everything
 Important or not so much
 To follow the inner urge
 To chase cows.

You know, you need to use
 The right tone and pitch
 Accompanied by
 Clapping hands and
 Stamping feet.
 And yes, the pace...
 The pace matters.

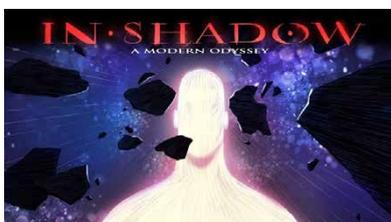
You see, nobody taught me.
 It comes with intuitive practice.
 And I get paid
 From the sheer satisfaction
 Of chasing cows
 Out of the fence
 Loving them as they are
 Even if they've eaten my veggies
 Never minding the fact
 That these clever cows
 Might sneak in, again
 Soon enough.

Well, when they come
 Inside the fence, again
 I might chase cows
 Or just let them be.

And I consider this
 An indispensable service
 To our growing community
 Even if you might disagree.

Never mind!
 We can still live together
 Whether we agree or not
 On chasing cows.

With joyful Gratitude,
 Anandi Zhang



Incognito

INCOGNITO

When you are quiet
 Seemingly alone,
 With you sitting also
 The Divine incognito,
 Put on your earphones
[And watch this.](#)

Cry your heart out if you may
 As you will discover
 That you have never
 Been alone.

Your deep anguished pains
 So many countless beings
 Have also been suffering
 For many generations.
 But all these are just churning
 Of the We who are One
 To awaken That
 Which was sleeping.
 So there's none to blame
 Just a distortion of The Game
 By the Mind's limitation.
 And now the time is ripening
 For the Great Awakening.
 The Supramental Avatars
 Have already come
 With their Divine Warriors,
 Barrier breakers,
 Willing servitors
 And Sun-eyed Children
 Ready to break open
 From their cocoons.
 Here on Earth soon
 A Life Divine.

Zech, 2023.01.08

Voices & Notes

NAMMA VEEDU



Housing today is the need of the hour in Auroville more than being far and few. A place to stay signifies a place to be connecting one to their constant.

It will afford an opportunity to equally contribute and partake in the vision of unity and equity. Many

are praying for the call to journey to and in Auroville.

Housing in Auroville should be community residency rather than generational spaces. It is only possible when housing is created as a community effort on an accessible scale. That will open doors to embrace the dedicated and committed Servant of the Divine who can continue the contribution to The Mother's vision of Unity and Equity.

To seek and expect the right of entitlement landed in seva done afore, is not in the spirit of the Dream that is Auroville and the Truth-Consciousness vision of Sri Aurobindo. A place to stay is The Way Back to the path of the journey that is Auroville.

Regards, Surajkiran,
 Genius Interrupted

Classes, Workshops & Healing Arts

SURYA KRIYA WORKSHOP

17—20 January, Creativity Community, Hall of Light



I am Rahul, Hatha Yoga teacher, trained by Sadhguru in Isha Yoga Center, India. We went through intense training of 1750 Hours, Learning how to transmit this Ancient Technology of Well Being.

Also I am offering only those practices which worked for me. The practice I want to offer is called Surya Kriya. Surya

Means Sun, and Kriya Means inner energy process. Surya Kriya is a potent yogic practice of tremendous antiquity, designed as a holistic process for health, wellness, and complete inner wellbeing. It will be offered the way it was taught 2000 years ago or Classical way. *Surya Kriya Changed my life.*

- This workshop will have 4 sessions (2 hours), one day one session. Attending every session is mandatory to learn Complete Kriya.
- Starting From 17 To 20 January
 - Tuesday , Thursday, Friday, 5—7pm
 - Wednesday, 7—9am

• Workshop Fees: Towards Contribution

Please park in the shade area beside the gate.

- Please Reserve Your Seat In Advance, 7206602665 WA.

Thank you, Lola

AUTHENTIC RELATING GAMES

Tuesday, 17 January, 5:30—7:30pm

With Prem Shakti @ Bharat Nivas Harmony hall

AUTHENTIC RELATING GAMES



Do you desire to go beyond the surface & connect deeply & authentically with others in a safe, playful environment?

JOIN US IN HARMONY HALL, BHARAT NIVAS EVERY TUESDAY 5:30-7:30PM

♥ Open to everyone



Guests ₹300

📞 +919489244823



AV Residents Donation-based

The intention of this offering is to create a safe container for heart centered, authentic expression that leaves us more alive and resourced, so we carry the light into the world.

Authentic Relating is a practice using exercises, or games, to teach the skills necessary to quickly create deep, meaningful human connection. It steers people towards a greater sense of wholeness—a defragmentation of the self into a more cohesive whole—through freely expressing our true experience in the company of others. It is an approach to cultivating more genuine, fulfilling, and mutually rewarding relationships.

Please bring comfortable clothes and your presence.

With love & authenticity, Prem Shakti

SHIATSU—AN ART OF TOUCH! POSTPONED!

Kindly note the new timings of this six days seminar to continue or begin Your Journey in 'Shi-atsu'—'thumb-pressure', a subtle and powerful way for stress reduction and peace, vitalisation of life force or Ki as well as for addressing certain challenges on all levels of your being through touch. 12 Meridians, 5 Elements, lots of practises. We will explore the finer ('Soul'-) aspects of the meridians. This course is part of the first of four Seminar-Series spanning over the next 2—3 years for a complete Shiatsu Practitioner training.



- Monday, 16 January, 2—4pm: Introduction to Shiatsu and Course.
- Wednesday, Friday, Saturday: 18, 20, 21 & 25, 27, 28 January
 - Wednesday, Friday 9am—4pm,
 - Saturday 10:30am—5:30pm
- at Budokan Auroville on Dehashakti Sports Ground.

Shiatsu—because Health matters! Kindly contribute from your heart and according to your resources.

Do contact Ulrike Urvasi at mothersworkfortheMother-work@gmail.com, 9751513906 (WA, Signal, Telegram)!

- Certificate given on Completion of the Course

Ulrikea

SOUL PURPOSE GUIDANCE WORKSHOP

22 January, 10am—1:30pm
Pavilion of Tibetan Culture

We often have existential questions:

Who am I? Why am I here? What's my purpose? What patterns do I need to heal/ overcome/ accept?



In this introductory workshop you will gain a unique understanding from the perspective of your very own birth chart (vedic astrology) and planetary energy patterns.

- Prior registration is a must:
- Please WA/msg +919663144990 or +919731569507

Workshop facilitation by Sweta Bhatt and Rupal Sheth

Sweta is a vedic astrologer and counselor par excellence. She is self-taught and has helped people all across the world understand themselves better using Vedic astrology as a tool. She is currently specializing in marital counseling and offers readings and teaches vedic astrology.

Rupal is an energy healing facilitator and instructor, shamanic practitioner, sound healer and has been teaching and practicing her work all over the world. She specializes in rebirthing and trauma healing and is currently refining her own methodology in this area of healing.

Niva

FAMILY AND SYSTEMIC CONSTELLATION WORKSHOP



- Saturday, 14 January
- Creativity Hall of Light, 9 am to 6 pm
- Contact 9751110486, moghan@auroville.org.in

Moghan

SPIRALLING INTO SELF

Spiralling into Self
Workshop
Myths and Archetypes to Deepen our Personal Journeys
offered by **GIACOMO COLOMBA & PRIYAM JAIN**

2-5pm
SAT
14
JAN

contribution requested

registrations:
(limited to 8 people)
88709 88843

hosted by
A Sunlit Path
in collaboration with Abhaya

an Auroville activity of ASSA, under Artisana Trust

@sunlitpathcommunity

We will be using movement, visual arts, Jungian theory and integral yoga to access the wisdom of our unconscious. This workshop is for anyone who is curious and open to explore the language of the unconscious.

This workshop will guide you into the map of your psyche and facilitate the discovery of what energies need to be evoked in the here and now for your personal journey. We will be using visual arts, Jungian psychology, movement and Integral yoga to deepen your personal processes.

Priyam Jain is a Psychotherapist and an expressive arts practitioner based out of Delhi. Giacomo Colomba is a writer and researcher on Integral Yoga, Hermeticism and Posthuman Philosophy based in Auroville.

- <https://www.asunlitpath.org/priyam>
- <https://www.asunlitpath.org/giacomo>

PITANGA



0413 2622403/ WA 9443902403, info@pitanga.in

Dynamic Qi Gong with Andres

- Mondays, 5—6:30pm
- Saturdays, 8:15—9:45am

Energy management within the body is a skill; you can develop it! **Topic:**

- To develop awareness and management of the space around and within us.
- Study of energy-meridians-path-ways according to TCM
- Qi Gong exercises for development of ability to work on specific energy lines

By practicing these exercises, you will develop the ability to perceive more subtle energy in the surrounding, of other people and yourself with the purpose of harmonizing psychosomatic health.

Facilitator: Andres Lokuta, acupuncturist, manual therapist, and Qi Gong master, practicing since 1996.

See you at Pitanga, with a smile ! Andrea



DHRUPAD RETREAT

DHRUPAD
Retreat Jan 17, 18, 19

offered by
NILOY AHSAN
@dhrupad_niloy

contribution requested

registrations:
88709 88843

hosted by
A Sunlit Path
in collaboration with Abhaya

an Auroville activity of ASSA, under Artisana Trust

@sunlitpathcommunity

Dhrupad Retreat offered by Niloy Ahsan on January 17—19 is an immersion into the meditative and healing vibrations of Rāga Sangeet.

This retreat is open to everyone, regardless of background in music. Therefore, it is designed for anyone looking for a yogic approach to sound and music as well as music students looking to explore principles of Dhrupad/ classical music.

Participants can expect to:

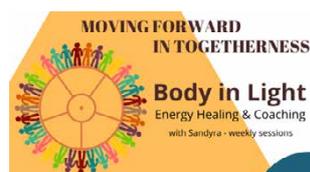
- obtain an overview of the various elements of (vocal) Dhrupad music
- develop a holistic understanding and appreciation for the genre and
- explore nada yoga as a way to connect to yourself.

Thank you, Giacomo

ENERGY HEALING WORKSHOP 'BODY IN LIGHT'

Thursdays, 5:30—7pm, Tibetan Pavillion

Starting January 12



Dear beings of light, I invite you to a series of 4 Workshops where we discover our own healing powers, while dwelling in the high frequency of a collective alignment.

In the first session, we concentrate and establish a powerful alignment to source and awaken our Kundalini energy on an individual and collective level. The realignment to the Blueprint of your Divine nature will happen also on a cellular level.

The second session on Thursday, 19th will concentrate on a powerful technique to release emotional wounding.

On Thursday, 26th we will do a journey throughout time & space and release karmic patterns.

The last session, the first Thursday in February, we will do a journey back before birth and connect to your soul purpose for this life.

Every session is complete by itself, but I highly recommend receive the full experience to attend all sessions. Each session covers a different layer of your existence through energy healing. We move from the physical (we ground in the reality of your Divine nature), to the emotional, then the mental and finally the vibrational body.

Further information through WA 9443619403

With love & light, Sandhya



VÉRITÉ INTENSIVES

Phone: +91413 2622045,
2622606,

Mobile: 7867805812

programming@verite.in,
www.verite.in

Registration required for the following intensives

Anatomy for Yoga Practitioners:

The Knee, with Rebeca

- Saturday, 14 January, 9:30am—12pm

The knee is one of the largest and most complex joints in the body that is responsible for weight-bearing and movement. We will explore through practice and an anatomical focus how to keep the knees healthy in yoga poses, how to align, strengthen and stabilize them to prevent injuries or even recover from them. Session open to all, specially designed for yoga teachers or yoga practitioners.

Herbal Remedies from the Mediterranean Area with Stella

- Friday, 20 January, 9:30am—11:30am

This workshop is an introductory class on the healing plants in the herbal medicine tradition of the Mediterranean.

Explore and Balance your Five Bodies (Koshas) through the practice of Yoga—with Sabrina

- Saturday & Sunday, 21 & 22 January
9:30am—12:30pm

According to the Taittiriya Upanishad (Yajur Veda), the human being is composed of 5 sheaths (physical, vital, mental, intuitive and bliss) called "Pancha Koshas".

On day one, after a short presentation about the Koshas, and how they interact with each other, Sabrina will guide you through a specific Hatha Yoga practice to become aware and experience them. Some of the exercises will be experienced through asanas and pranayamas, and others through light, sound and meditation.

On day two, you will learn how to balance each of them through different yogic tools, and then you will experiment as Sabrina guides you through 5 different balancing practices, one per Kosha, as follows : 1 asana sequence, 1 pranayama set, 1 mantra japa, 1 pratyahara practice and 1 meditation.

This workshop strives to enhance your self awareness and widen your knowledge in Yoga. Becoming aware of your bodies can help you develop better inner clarity as well as sharpen your yoga practice. By learning how to choose the right yogic tool to balance and handle the different parts of your being on a daily basis, self-management and autonomy increases, thereby improving understanding, harmony and well being.

A beautiful workshop open to all levels.

Yearnings for Peace: Peace Within, Peace Without with Dr.Sehdev

How Harmony, Tranquility, Beauty & Generosity are essential expressions of Peace

- Saturday, 21 January, 2pm—4:30pm

Disharmony, tension, fear, and depression are various expressions of a life that is not at peace with itself. In this state of peacelessness, all our life energies are slowly dissipated. Peace Within—peace in our hearts, bodies, and minds, and Peace Without—in our families, nations, and in the world at large, are all of one piece. Through one's own life experiences and encounters, this workshop explores Peace as the most scintillating force in all its existential and spiritual manifestations.

Many thanks,
Kathir

QUIET HEALING CENTER



www.quiethealingcenter.info/quiet@auroville.org.in

+91 9488084966

Somatic Yoga Classes with Linda Lee

- Saturday, 14 and 21 January, 10:30am—12pm

Somatic yoga classes are designed to:

- learn how to use Somatics as a preparation for yoga asanas;
- experience ease, comfort, joy and stability that flows from inside out;
- include somatic preparations for Sun Salutations;
- lay down movement pathways for a seamless flow, which establish stability and safety, and stimulate courage, compassion and contentment.

- Group sessions: Saturdays from 10:30am till 12pm

- Individual sessions: on request.

Heartfull® Meditation Classes with Avantika Nirupama

- Sunday, 15 and 22 January, 9:30—10:30am

"Concentrate in the heart. Enter into it; go within and deep and far, as far as you can. Gather all the strings of your consciousness that are spread abroad, roll them up and take a plunge and sink down. A light is glowing there, in the deep quietude of the heart. It is the Divinity in you—your true being. Hear its voice, follow its dictates." **The Mother**

- Connect to the Light in your own Heart Center
- Surrender mind energy to your Heart Center to transform the mental aspect of your existence
- Surrender pelvic energy to your Heart Center to transform the vital aspect of your existence

Come learn and practice the sacred techniques of Heartfull® Meditation. **Heartfull® Meditation** techniques will help you understand Sri Aurobindo's dictum "All Life is Yoga" and connect you to his teachings in a deeper way.

Avantika has been studying Sri Aurobindo and the Mother's teachings, and Heartfull® Meditation, for twenty years. She has a 500-hour yoga teacher's certificate and translated some parts of Savitri in Marathi and Hindi. As mainstream schooling cultivates mind and ignores body and spirit, she home schooled her daughter after reading Sri Aurobindo's understanding of human existence to keep the connection with the Light.

Questions? Contact Avantika at avantikalight@gmail.com

Watsu 1 with Petra

- Tuesday, 17—Monday, 23 January,
8:45am—6:30pm: 50 hours

Watsu is an aquatic bodywork modality given in a warm water pool (ideally 35°C) and is known as the mother of all water therapies, created by Harold Dull in the 1980s.

Watsu, the part during which the receiver's face remains on the surface, introduces the qualities and body mechanics to work with someone in water. Watsu offers an opportunity for profound relaxation and letting go, building trust, being nurtured and held, expanding inner and outer boundaries, releasing emotions and traumas—ultimately, for freeing body and mind in a flow unique to each client and each session.

In this course, you will first practice basic techniques and qualities of being (grounding, presence, stillness, movement, attention) while moving another body in water. You will experience floating other people and being floated, on the surface, thereby creating space for deep relaxation and nurturing body, mind and spirit.

- Prerequisites: no previous experience required!

Watsu for Babies with Dariya

• Tuesday, 24 January, 8:45am—6pm: 8 hours

Watsu for Babies is a beautiful and spontaneous way of experiencing the first childhood years and is open to all those who would like to experience the joy of being in water with babies.

In this course you will discover that emotions arising from spontaneous movements in water open extraordinary borders. They allow us to be in the present moment, simply listening to the breathing of the baby while being supported by the healing power of water. Through some Tantsu and Ai-Chi exercises, you will start listening to yourself and to the baby you hold in your arms. You will also learn possible transitions of the Watsu sequence in order to expand it in a creative way for babies.

Thanks to the collaboration with Gianni De Stefani, certified WABA facilitator, Dr. Riccardo Palumbo has been able to develop a new massage, which is introduced in this course to bring Watsu into the world of babies.

• **Prerequisites:** Watsu Basic or a degree to work with babies in water.

Watsu & OBA Basic with Dariya & Daniel

• Wednesday, 25—Monday, 30 January
8:30am—1:30pm: 31 hours

Watsu & OBA are aquatic bodywork modalities given in a warm water pool (ideally 35°C). Watsu, the part where the client's face stays always on the surface, introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation. During the OBA part the receiver is also brought under water (with nose clip), which offers a unique experience.

The flowing interaction with water, its fluid support and warm embrace, and the practitioner's presence provide a space for the client to experience the multi-layered benefits of this powerful and softening bodywork. Watsu & OBA offer an opportunity for profound relaxation and letting go, for building trust, for being nurtured and held, for expanding inner and outer boundaries, for releasing emotions and traumas—ultimately, for freeing body and mind in a flow unique to each client and to each session.

In this course, you will practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of being and moving another body in water. You will experience floating other people and being floated, on the surface and under water, thereby creating space for deep relaxation and nurturing body, mind and spirit. Participants in this course often appreciate the group space, which fosters deep, meaningful and nurturing connections.

• **Prerequisites:** no previous experience required!

Anatomy for Aquatic Bodyworkers with Gianni De Stefani

• Wednesday, 25—Monday, 30 January
8:45am—6:30pm: 50 hours

A basic knowledge of anatomy is required for a Watsu practitioner, working with a client's body in many different ways. This course offers a theoretical and experiential overview of a model of traditional anatomy for Watsu, focusing on planes and axes of movements, mechanics of articulations, physiology, metabolism, and on muscles & their lengthening.

Theory and practice take place on land and in water. Through massages and specific exercises, you learn the functionality of various body structures and the possible applications in Watsu. About one-third of the course is dedicated to theory, one-third to practice on land, and one-third to practical applications in water.

• **Prerequisites:** Watsu 2 plus 100 hours of aquatic bodywork training or Watsu 1 plus 200 hours of aquatic bodywork training.

Guy



ARKA

WELLNESS CENTER & MULTIPURPOSE HALL

Regular activities, January 2023

Classes

Classes	With Whom	When
Acro Yoga	Damien 9047722740	Monday to Saturday
Pilates	Teresa 7867998952	Tuesday & Thursday, 7:30-8:30am. Wednesday 4:15pm Friday 5:30pm, Only by Appointment.
Iyengar yoga	Olesya, 9159052743	Monday, Wednesday, Saturday, 6:30-8am. Monday, Thursday, Saturday, 5-6:30pm.
Qigong Yang Style, self-massage	9600094875, +353877420282	Monday to Saturday, 8:30-9:30am, by Appointment only
Chakra Breathing Meditation	(WA), Marco	Friday: 7:30-8:30am
Heartfull Meditation	Avanthika, 6380238326	Wednesday 4:30 to 5:30am
Sound Chakras healing	Lakshmi, 8489764602	Only by Appointment

Treatments

Treatment	With Whom	When
Body Logic, Soft Massage And Deep Tissue Massage.	Pepe, by appointment 9943410987	Monday to Saturday
Cranio sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana by appointment 9047654157	Monday to Saturday
Facial, Manicure, Pedicure, Threading, Waxing, Haircuts, Haircolouring, Hennacolouring	Meha, by appointment, 9443635114	Monday to Saturday
Shiatsu, Thai Yoga Massage, Osteothai, Somatic Bodywork and Sound Healing. Only by Appointment	Marco, WA +353877420282 9600094875	Monday to Sunday
Chinese Fire Cupping and Moxibustion Therapy	Chun, 8098900708	Monday to Saturday
Tarot, Oracles and Akashic Records Reading	Valentina: 9791719387, +39346225804, WA	Monday to Friday (Morning)
Acupuncture, Only by Appointment	Dr. Mohammad Sahel, 9994208068	Monday to Saturday
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry. Also in French	Antarijyoti: 0413 2623767, antarcalli@yahoo.fr	Monday to Sunday

JIVA



your journey in healing and transformation

www.auroville-jiva.com, WA 9626006961
contact@auroville-jiva.com, [Facebook](#), [Youtube](#)

Natural Horsemanship

- Individual and group sessions ongoingly

Mirrabelle offers webinars, classes and workshops in Natural Horsemanship. Natural Horsemanship focuses on body language of horse and human, which is universal, by effectively using intention and centered presence to communicate clearly, with purpose, and without violence. This is the key to building a vocabulary with the horse, your partner. Experience yourself beyond words! 7 horses and ponies of all sizes and temperaments are curious to know you!



Natural horsemanship improves your self confidence, your trust, your skills in nonverbal communication—and it's just fun time to BE with a sensitive, naturally trained horse! Mirrabelle lives with horses since she was 3 years young. Past 10 years she fulfills her life's dream to bring children, adults and horses together in a healing way, in Auroville, Sharnga Guesthouse. Mirrabelle has studied human and horse psychology, and offers consultancy on all aspects of horse care—hoofs, nutrition, psychology, care, riding and therapy!

- Sessions afternoons 4—6pm or mornings 8—10am
- Contact: WA 9626565134, contact@auroville-jiva.com

New: Webinars Natural Horsemanship with Mirrabelle

- Horse Care and Management (5 lessons)
 - Basic needs,
 - Basic anatomy
 - Feed needs,
 - Deworming
 - Basic medical terminology

What we can learn from horses about leadership (5 lessons)

- History of horses and humans, and its significance
- Basic needs: similarities and differences
- Different kinds of intelligence and what they mean
- Non-verbal communication and energy levels, how to find neutral
- Setting yourself up for success, value-based Teamwork!
- Contact Mirrabelle directly: 919626565134 WA or contact@auroville-jiva.com

Journey of the Soul, 26 January, 10am—2pm

- Venue: Sharnga Guest House Yogahall

A 1 day workshop to explore the "Layers of the heart", an inner journey described by the Mother, and more recently by Soleil Lithman, a long term associate of Auroville. After a short Intro, we will follow a guided meditation. This workshop is an opening toward the dimensions of inner work proposed by The Mother. A workshop for all.

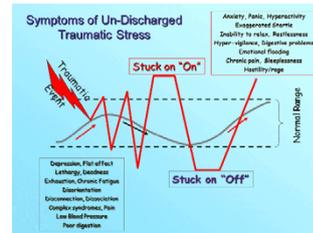


Facilitator Sigrid Lindemann, an Aurovillian researcher for over 20 years, international faculty in integral regression therapy.

- contact@auroville-jiva.com, WA 09626006961

Transforming trauma, 21 & 22 January with Sigrid

How to identify trauma and posttraumatic stress disorder? How to recover a person's full potential, energy and zest for life—and even integrate the wisdom of it all? 2 day workshop with theory and interactive exercises, A toolbox of techniques to apply in your therapeutic work.



The workshop is designed for therapists of body and mind, psychologists, and all who work with trauma.

Facilitator: Sigrid Lindemann, international faculty in integral regression therapy, Sensation method homeopathy, trauma therapy in Auroville for 20 years

- Time: 21 & 22 January, 9—5pm.
- Venue: Sharnga Guesthouse Yogahall, www.sharngaguesthouse.in
- Jiva Venue: Sharnga Guest House, www.sharngaguesthouse.in

The Incarnating Soul Webinar

- 17, 18, 19 January

We might ask ourselves... *why we came, what for, what is the aim of our life, why did we incarnate?*

How did our birth inform us and form strong beliefs?

What is the role of consciousness early in our lives?



A selection of the knowledge transmitted by The Mother and Sri Aurobindo, as well as 10 years clinical experience in Integral Regression therapy give insights into these questions. Short introspective moments for the participants invite to recall personal early memories.

- 17, 18, 19 January, 7:30—9:30pm
- Facilitator Sigrid Lindemann, International faculty in classical homeopathy and Integral Regression therapy, living in Auroville for over 20 years. Founder of JIVA

Contact: contact@auroville-jiva.com, WA 9626006961

Our Venue Sharnga Guesthouse

- www.sharngaguesthouse.in

Sharnga Guesthouse is a green oasis, with a huge Banyan Tree, horses, birds, a lively tropical garden, with a small pool, gym and rooms from simple to AC, single to family units. A Yoga Hall, AC lounge with big screen, and the great service and international cuisine make it a perfect spot.

YEP We do offer adventure camps with kids programs, <https://www.facebook.com/YEPAY> parallel with wellness and healing sessions for parents: forest walks, camp fire, visits to various activities in Auroville, Yoga and TaiChi, art sessions, bird watching, etc! WA 09626565134

- We offer transformational practices addressing all issues of body, mind, emotion and soul, for conscious evolution. Acupuncture, Shiatsu, QiGong, TaijiQuan, Energy work, Fasting Natural Horsemanship, Horse Assisted Therapy, Medical Clowning, Yoga Nidra, Gentle Birth & Pregnancy, Integral Regression Therapy, Trauma Therapy, Advanced Classical Homeopathy Systemic Constellation & Family Constellation



HEARTFULL® MEDITATION WITH AVANTIKA

Savitri Bhavan (First Phase building)



Savitri
B H A V A N

Tuesday, January 24, 9:30—10:30am

“Those who feel the unquenchable thirst for something different will be protected in a cocoon of Light to traverse all perils of the convulsions of the old and dying world—for in part of their being they already belong to that Light, to the New World. And all one has dreamt to be the most beautiful, the most marvelous, the most fantastic is nothing compared with what will be realized.”

The Mother

- Open and connect to the Light in our own Heart Center (Heart Chakra)
- Surrender mind energy to Heart chakra to transform mental aspect of human existence
- Provide a shield of Divinity (the true us) around body

Savitri, whom Sri Aurobindo taught initial Heartfull meditation techniques, lost both her parents in a plane crash near Mumbai, India in 1978 when she was seventeen. Her sister was murdered in California four years later. Her father was an Indian Muslim and mother an American Italian Catholic. The Muslims said that her mother couldn't go to heaven as only Muslims went there upon death and vice versa. It confused and pained her and she became an atheist. Later, she heard a voice within that said it had come to teach her how to love herself. This teacher taught her how to cocoon herself with the Light from her own heart centre for love and protection. Later it taught her mental centering to surrender her mind energy to her Heart chakra for transformation. Four years later, the voice revealed that it was Sri Aurobindo who had taught her these techniques. Savitri has brought down many more techniques since then through her devotion to Truth to help the human form move towards Light. Sri Aurobindo has also trained her to bring down different Lights.

Avantika has been Savitri's student since 1996. She home-schooled her daughter in Seattle after reading Sri Aurobindo's understanding of human existence. She had felt hollow despite having studied MSc in India, MS in US, having a lucrative job, the tick marks of success. Savitri and Sri Aurobindo helped her understand the complexity of the human riddle and clarify foundational questions, “Who are we and what are we doing on planet earth?”

Sri Aurobindo says, “Blows fall on all people. It's not because there's anything wrong with you but because you are full of desires. To turn to the divine is the only truth in life.”

Heartfull® Meditation techniques are a proven pathway to systematically turn to the divine.

Please contact Avantika at avantikaLight@gmail.com for any questions. She is a Purna Yoga teacher at 500 hour level. She has translated some parts of Savitri in Marathi and Hindi. She has studied Rigveda in Sri Aurobindo's Light with Nishtha, an Aurovillian who teaches Rigveda like an alive poetry rather than some fixed dogma.

Thank you, Avantika

Languages

**NEWS FROM
AUROVILLE LANGUAGE LAB**



Please remember to put your mobile phones on flight mode and switch off all wireless and bluetooth devices before you enter the lab, since it is a wireless-free space

Looking for a Volunteer

- To complete the identification and site-mapping of the trees surrounding our building in AutoCad. The work would require a week or so.

Tomatis

There has been a slight pause in Listening Tests and Consultations at Tomatis. We will inform you when we resume offering them.



For more information about the Tomatis program, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlly-wZNdZcAng/videos>
- <https://www.listenwell.com/>

Current Language Courses at ALL**New: Sanskrit with Kaushal**

Great news for Sanskrit learners! We are going to start a new Sanskrit Beginners Course with Kaushal this January!

Growing up in a traditional environment with exposure to Sanskrit texts, Kaushal pursued his interest in Sanskrit more actively later in life. He is now interested in helping others reach a good basic understanding of this rich, extraordinary language. This two-month course will take you through the sounds and the alphabet, and shall explore simple words, conversation, and chanting of select mantras.

- The course will start on 5 January and classes will take place every Thursday, 2:30pm to 4:30pm.

New: Beginner Italian

Great news for Italian learners!

Our new Beginner Italian course is slated for early January, 2023! As always, spaces are limited. You are welcome to enquire with us and reserve your spot!

New: Tamil Written and Spoken with Murugesan

Our teacher, Murugesan, is ready to start a new Beginner Written & Spoken Tamil Course. This course is for those who wish to enrich themselves with the complex beauty of the Tamil written alphabet and speech. Murugesan will explore the difference between spoken & written Tamil, and focus on developing listening & reading skills through songs & lyrics. Grammar will also be taught with an emphasis on practical usage.

- Classes will take place Mondays & Thursdays, 10am to 11am.
- The course will start as soon as we have a minimum of 5 students. It will run for three months comprising 24 hours of teaching.

New: English for Total Beginners with Rupam

If you can read this, then obviously this course isn't for you! But, if you know someone who could use some basic, everyday English in their daily lives, feel free to pass this along. This one-month semi-intensive course will begin with the alphabet and take the students through basic nouns, verbs, and simple sentence structures.

- Classes will take place Mondays, Wednesdays, & Fridays 11:00am to 12noon.

New: Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

- This course started on 22 November
- Classes take place every Tuesday, 2:30pm to 4:00pm.

German with Verena

• A1.1 Beginner German

Verena's A1.1 Beginner German Course started this week! Verena has been trained through the Max Mueller Bhavan, Chennai/ Goethe Institute, and she brings a variety of interactive tools and offbeat approaches to her classes. We have always got excellent feedback on her course! By the end of this three-month course, you would be able to carry out simple conversations in German like introducing yourself, talking about your work, your family, your hobbies, and ask & answer questions about everyday things like shopping, restaurants, holidays, etc. No previous knowledge of German is needed for this course!

- Classes take place Mondays & Wednesdays, 11:00am to 12:30pm.
- Course started on 28 November comprising 36 hours of teaching over three months.

• A1.2 Beginner German

This course is for students who have already taken a Beginner Course with Verena in the past or have a basic knowledge of German. The course is meant to deepen the basics previously learned and further advance the learner's German language skills.

- Classes take place Mondays & Wednesdays, 9:00 to 10:30am.
- Course started on October 31 comprising 36 hours of teaching over three months.

French with Jean-François

Jean-François is offering four 3-month (24-hour) courses:

• Beginner French

This course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, etc. in a simple way.

- This course started on November 5.
- Classes take place Saturdays, 2:30pm to 4:30pm.

• Beginner French for Teens

This course is for students between 13 to 16 years of age. The course is based on exercises that use many mediums like videos, games, role-playing, etc. to make learning both fun and effective. By the end of the course, students will have an immersion in the French language and will be able to express themselves in a simple way.

- The course started on November 12,
- Classes take place Saturdays, 11am to 12noon.

We have 3-4 spots left.

• French Conversation (Pre-Intermediate)

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François will also review the grammar useful for basic conversation.

- This course started on November 21.
- Classes take place Mondays & Thursdays, 2:00pm to 3:00pm.

• French Conversation (Intermediate)

This course is for those who have a good level in French. In this course, the basics of public communication like expression, understanding, argumentation, meeting participation shall be deepened. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. At the end of the course, students will

also have reviewed the grammar useful for interaction.

- This course started on November 3.
- Classes take place Mondays & Thursdays, 3:30pm to 4:30pm.

English Conversation with Ramesh

Ramesh's classes are ideal for pre-intermediate and intermediate level English speakers. The course aims to equip students with day-to-day conversation skills in practical situations, improved vocabulary and pronunciation, idiomatic expressions, building listening comprehension, fluency and confidence in speech. Ramesh will also touch upon basic grammatical concepts.

Ramesh runs two groups:

- Mondays & Thursdays, 02:00 pm to 03:00 pm
- Tuesdays & Fridays, 3:30pm to 4:30pm.

This is a monthly course.

Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

- Classes take place Tuesdays & Thursdays, 10:15am to 11:15am. Enquire now to join!

A note to present and past students:

- *If you've borrowed any of our books, please bring them back! We are cataloging our reference library.*
- *If there is a language you would like to learn, and it's not on our list, please send us a query!*

To join or enquire

Please [fill out our form](#) to join or inquire about any language classes at the Lab! You can drop us an email to info@aurovillelanguagelab.org, or call us at 2623661

- **Please Note** *Registration (correct contact details on our database, plus payment/contribution) is important when joining a course with us. Please see our team member at the front desk to ensure this is complete before joining a course, thank you!*

Change in contact info

Due to the abrupt disconnection of VOIP services by Aurinoco, please note that the following numbers **do not function anymore: 4036920,921&922**. We apologize for the inconvenience.

Rumour has it that these numbers cannot be restored unless Aurinoco repairs its relation with the company which was providing these services. Even if Aurinoco manages to establish a relation with another company to provide VOIP, our earlier numbers will not work. And since BSNL does not provide VOIP, for the moment, it's back to the good old copper connection BSNL for telephony.

Please use the following numbers to contact us:

- 2623661 Lab
- 2622467 Tomatis
- +919843030355 WA only

The Language Lab's Opening Hours

Monday—Friday: 9:00am—12:00pm & 2:00pm—5:00pm.

Saturday: 9:00am to 12:00pm.

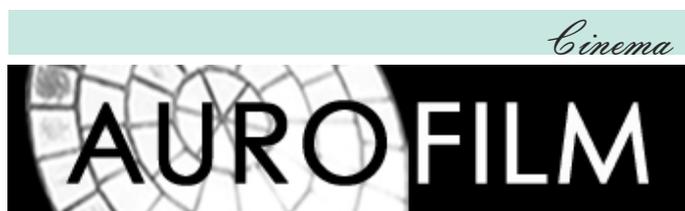
Location: International Zone,
after Unity Pavilion & Pump House.

Email: info@aurovillelanguagelab.org

Find us on    @aurovillelanguagelab
Auroville Language Lab Tomatis Research Centre

Current Schedule of Classes

Lan- guage	Level	Time	Day(s) of Classes
English	Beginner & Pre-Intermediate	10:15—11:15 am	Tuesday & Thursday
	Total Beginners To start soon	11:00am—12noon	Monday, Wednesday, Friday
	English Conversation Group 1: Started 7 November	2— 3pm	Monday & Thursday
	English Conversation Group 2: Started 8 November	3:30—4:30pm	Tuesday & Friday
French	Beginner, Started 5 November 2022	2:30—4:30pm	Saturday
	Beginner for Teens Started 12 November	11am—12noon	
	French Conversation 1 Started 21 November	2— 3pm	Monday & Thursday
	French Conversation 2 Started 3 November	3:30pm—4:30pm	
German	A1.1 Beginner Started 28 November 2022	11am—12:30pm	Monday & Wednesday
	A1.2 Beginner Started 31 October 2022	9—10:30am	
Hindi	Beginner To start soon	10am—12noon	Saturday
Tamil	Spoken Beginner, Started 1 November	9:30—10:30am	Tuesday & Friday
	Written & Spoken Beginner, To start soon	10— 11am	Monday & Thursday
Sanskrit	Beginner, To start 5 January 2023	2:30—4:30pm	Thursday
Spanish	Beginner, To start February 2023	TBA	TBA
	Intermediate, Started 22 November 2022	2:30—4pm	Tuesday
Japanese	Beginner, To start February 2023	TBA	TBA
Italian	Beginner, To start February 2023	TBA	TBA



At Multi Media Centre Auditorium, Town Hall
Reminder

- Friday, 13th, "WENDY AND LUCY" by Kelly Reichardt, US, 2008

Friday 20 January, 8:00pm
"APOORVA RAAGANGAL" (Unusual Melodies)

Directed by K. Balachander, India, 1975

With: Kamal Haasan, Sundarajan, Srividya, Jayasudha

Synopsis: The film revolves around Prasanna who falls in love with the much older Bhairavi, while Bhairavi's daughter Ranjani, is drawn to Prasanna's father Mahendran...

Apoorva Raagangal's theme was based on a riddle featured in the Indian folktale collection Baital Pachisi about a king marrying a woman and his son marrying her mother, and Vetala, the riddler asking Vikramaditya what would be their kinship relations if these couples were to beget children. Unlike many contemporaneous Tamil films, it was shot entirely in actual houses for their interiors without building sets. The film won three National Film Awards, including Best Feature Film in Tamil, and three Filmfare Awards South in the Tamil branch: Best Feature Film, Best Director for Balachander and Best Actor for Kamal Haasan, and a Special Award for Srividya.

- The film will be briefly introduced by Sasi Samu and the next day, **Saturday 21st**, Sasi will give a **Cine-master class on this Tamil classic film, at Aurofilm's studio, Kalabhoomi, at 5:00pm**

Original Tamil version with English Subtitles. Duration 2h 17'

Cine Master Class

Aurofilm presents "Cine Master Class"

- 5—6:30pm, on **Saturday, 21 January, 2023** at Aurofilm, Kalabhoomi (next to CRIPA)

If you like to discuss, share and learn more about films and Cinema, we invite you to our Cine-Master classes! Welcome to this chapter, this time led by **Sasikanth Somu** on "Apoorva Raagangal " (Unusual Melodies)) by **K. Balachandar (1975)**

Overview: K. Balachandar's film became a classic of Tamil Cinema for it introduced three wonderful actors in their debut -since then all of them having made great careers- and the director's uncompromising style and choice of topics opened new ways in Tamil Cinema. We highly recommend you watch the film presented at MMC/Cinema Paradiso the day before (on Friday 20th, 8pm) as Sasikanth's talk will start right away at 5pm on Saturday—without the film. **Sasikanth Somu** is a professional photographer and he teaches at Future School, Auroville.

The Aurofilm building is in Kalabhoomi, close to CRIPA hall. You may carry your torch light.

Surya

THE FRENCH PAVILION PRESENTS:

Woman

Documentary by Anastasia Mikovia and Yann Arthus-Bertrand

Saturday, 14 January, 5pm, Town Hall, Cinema Paradiso



Many languages, French subtitles only, duration: 108 min

Woman is a worldwide project giving a voice to 2,000 women across 50 different countries. Despite its very large scale, the film offers an intimate portrait of those who constitute half of humanity. It is an opportunity to shed light on the injustices women are subjected to all over the world, but what Woman would like to underline most is the inner strength of women and their capacity to change the world despite all the difficulties they are facing. Through the film you will discover the voices of women as you have never heard them before.

Thank you very much, Vivekan



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
16 January 2023 to 22 January



Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. Maintaining standard Covid protocols, i.e. temperature check, registration, and Mask (and not scarves) etc. are a must even now. Please come prepared. To organize seminar/program please contact us via email.

We continue to have issues with our projector. Clearly it is time for us to look for a new one. If you are able to kindly donate at MMC's FS Account for this, it will be great.

Indian— Monday 16 January, 8:00pm:
LOVE TODAY

India, 2022, Write-Dir. Pradeep Ranganathan w/Pradeep Ranganathan, Ivana, Yogi Babu, and others, Romance-Comedy, 154mins, Tamil w/ English subtitles, Rated: NR (PG)

The film explores the love story of two millennial kids, Uthaman and Nikita. Like the most present-day couple, this pair fall in love and decide to get married without really 'knowing' each other. That's when Nikita's father comes up with a condition for their marriage. He asks the two to exchange their phone for a day. He says only if they manage to love each other after the exchange he will agree to the alliance. What happens as a consequence forms the main crux of this long but engaging film.

Potpourri—Tuesday 17 January, 8:00pm:
CHARLATAN

Czech Republic, 2020, Dir. Agnieszka Holland w/ Ivan Trojan, Josef Trojan, Juraj Loj, and others, Biography-Drama, 118 mins, Czech-German-Slovak w/ English subtitles, Rated: R

The breath-taking true story of a man precariously treading the thin line between good and evil. Jan Mikolashek, a 20th century Czech herbal healer, won fame and fortune treating celebrities of the interwar, Nazi, and Communist eras with his uncanny knack for urinary diagnosis. But his passion for healing welled up from the same source as a lust for cruelty and sadism, that only his assistant Frantisek could ever quell.

Interesting—Wednesday 18 January, 8:00pm:
LONG LIVE MY HAPPY HEAD

UK, 2022, Dir. Will Hewitt, Austen McCowan, Biography-Documentary, 90mins, English w/ English subtitles, Rated: NR (G)

A touching and unexpectedly uplifting love story about a comic book artist with a brain tumour who uses his art to communicate his experience of cancer.

German—Thursday 19 January, 8:00pm:
DER JUNGE MUSS AN DIE FRISCHE LUFT
(All about me)

Germany, 2018, Dir. Caroline Link w/ Julius Weckauf, Joachim Król, Diana Amft and others, Drama, 99 mins, German w/ English subtitles, G

In collaboration with Goethe Institute/Max Mueller Bhavan. The story of young Hape Kerkeling and the root of his particular humor. 1972, Hans-Peter is a pudgy 9yrs old. His peasant parents are poor but fun-loving. At a very young age he is drawn to pageantry and elements of show. Fate cruelly knocks the family with several deaths, making humor his weapon for self-preservation while he practices at home how to entertain. *The lead actor performs brilliantly in this film.*

International—Saturday, 21 January, 8:00pm:
THE SWIMMERS

UK-USA, 2022, Dir. Sally El Hosaini w/ Manal Issa, Nathalie Issa, Matthias Schweighöfer, and others, Biography-Drama, 130 mins, Arabic-English w/ English subtitles, Rated: PG-13

From war-torn Syria to the 2016 Rio Olympics, two young sisters embark on a harrowing journey as refugees. Sisters Yusra and Sarah Mardini flee their home country when their house is destroyed during the civil war. They journey to Lebanon and then onto Turkey, where they arrange to be smuggled into Greece on a dinghy. When the engine stops, they put their hearts and champion swimming skills to use. A must see!

Children's Matinee—Sunday, 21 January, 4:30pm:
JINGLE JANGLE: A CHRISTMAS JOURNEY

USA, 2020, Dir. David E. Talbert w/ Forest Whitaker, Keegan-Michael Key, Anika Noni Rose, and others, Fantasy-Musical, 120 mins, English, Rated: PG

An imaginary world comes to life in a holiday tale of an eccentric toymaker, his adventurous granddaughter, a treacherous apprentice and a magical invention that has the power to change their lives forever.

No Festival @ Ciné-Club

Sunday 22 January, 8:00pm:
BAB'AZIZ

Tunisia—France, 2005, Dir. Nacer Khemir w/ Parviz Shahinkhou, Maryam Hamid, and others, Drama, 96 mins, Persian-Arabic w/ English subtitles, Rated: PG.

This visually stunning film, filmed in the desert of Tunisia and Iran, presents a multi-levelled glimpses of Sufism to those who yearn for a close intimacy with God, a richer interior life, and a repertoire of spiritual practices that give it depth and meaning.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. *Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution. We need it now more than ever.*

Thanking You,
 MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

ECO FILM CLUB
Every Friday at Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!



The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

****Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday, 20 January

Darkwoods- The Canadian Black Forest

2018/ 52 minutes/ Angelika Sigl, Karl Teuschl
Half a century ago the German Duke Carl von Württemberg purchased a 55,000-hectare parcel of land in the Selkirk Mountains in British Columbia, Canada. He named his holdings after his native Black Forest, "Darkwoods", and managed the forests in the lonely region sustainably. Even today the barely accessible mountain ranges are home to rare mountain caribou, grizzly bears, endangered bats, wolves and unique birds.

N&N Guidelines

Hard deadline for submissions
TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in.
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a "Reply" to the digital subscription mail.
- There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

Disclaimer:

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

Roy & Agnijata, News & Notes,
Media Centre, Town Hall,

NewsAndNotes@auroville.org.in, 0413-262-2133

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 94430 74825



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Enterance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs.800 (Aurovilians & Newcomers/ No validity)
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & New comers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health: Health Center—0413 2622123

- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/7): 108